





# THIS WEEK

25-31 MARCH 2011

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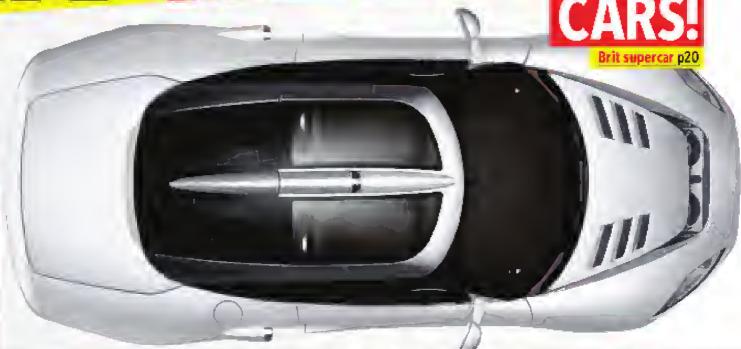


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# TOGETHER! STORY OF THE PROPERTY OF THE PROPER





Frank Lampard p54

Nestle treat us to their 2011 range of ice creams

# NUTSMEMS

LAST ON THE GRID, EVERY WEEK

# David Coulthar

odafane

**COULTHARD!** 



### The BBC race pundit looks at the new season

ast season's F1 Driver's
Championship was
decided by the thinnest of
thin margins, and it looks
like this year's will be as close!
So, because all we know is that
the cars go "vroom", we asked
Dayld Coulthard to tell us how
the season is likely to untold and
which drivers to watch out for
Gentlemen, start your engines!

#### FELIPE MASSA

"Felipe's a very good, quick driver. What he needs to do this year is regain the form that saw him have success. He's a top-quality driver!"



#### JENSON BUTTON

TOTAL

"Jenson and Lewis tend to win different types of races, which is great for the team. You don't want too much resting on the shoulders of one man!"



#### MARK WEBBER

"There's been talk of Webber and Vettel not getting along, but it doesn't matter. A good team is united with the aim of winning championships!"

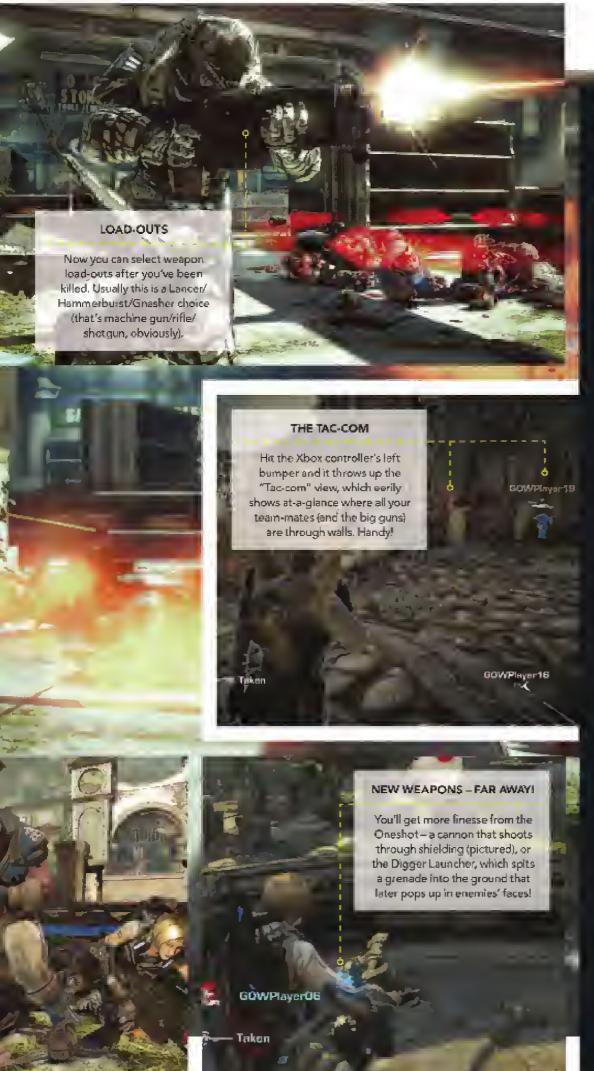
6 Nuts











### Five ways to win at Gears Of War 3!

Words of wisdom from producer Rod Fergusson

#### USE TAC-COM

"Number one tip—use the left bumper to find your team-mates and where weapons are on the map. Knowing where you need to go strategically is key. Tac-comis your friend!"

#### STICK TOGETHER

"Five individuals running around will get killed quickly. Sticking together as a team means that if you run into their team's lone wolf, it's two-on-one, and two guns firing are always better than one gun firing, right? Plus, you can revive each other."

#### LOVE YOUR SHOTGUN

"As a new player, you should get familiar with the sawn-off shotgun, and by get familiar I mean learn its range. As long as someone's standing close, you don't really have to aim to take them down."

#### **SELF REVIVE**

"If you've been downed, mash the "A" button and you'll get up quicker. The fact that you can self-revive means you can take more risks because you don't have to rely on your team to revive you."

#### BE AGGRESSIVE

"Gears has always been about the battle for the power weapons. It's a much harder fight when you don't get to them first. If you saunter out at the start, or immediately entrench, it's not going to work out."

# Protest, Chinese Man's Lambo breaks, so he publicly executes it!

he British are famously terrible at complaining, so we could take some advice from Han Nan-a Chinese businessman who took a consumer protest to Defcon 1. When his less-than-six-

failed to start, the chap from Qingdao become so incensed with the poor service from his local Lambo dealer, he got workers to publicly destroy the car. With hammers! The very definition of cutting off your

Next time, just call us, Han-- we'll gladly swap pur Honda Civic for a shiny Lambo. And we love our Honda Civicl.











### Don't Look! (Eagle version)

### It's not a satnav. It's a bald eagle!

his grumpy-looking chap, looking for all the world like an inverse hood ornament, is actually a juvenile bald eagle from Bear Lake, Idaho.

And it's one lucky blighter, having conspired to meet a passing truck travelling at over 60mph and taking him – beak first – clean through the

lorry's windscreen. But "Wiegle" (short for "window eagle") as his does have, rather meanly, named him, defied the odds and, after a month of rehabilitation, lived to fly another day.

And now the truck has a new windscreen and an eagle outline – crossed through – on the door.



### NINTENDES DS

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# JIM JEFFERSES. Warning: highly likely to cause offence!

"You're meant to drink until you vomit. It's not vomit agame!" **Meat Bree** 

Bree Oison, one of Charlie Sheen's woman noddesses, has been named the person. of the month by the organisation PETA (People for the Ethical Treatment of Animals) on account of her having a vegan diel. Now, my understanding of a vegan is that they're not allowed to consume any animal products. Thing is, I've watched a lot of Bree's porn flicks in my time and I definitely saw animal product in her mouth...and on her face. and in her halr. She's clearly

Game boozers

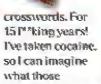
not that strict about her diet

when she's working!

I see students at Manchester
University are playing a drinking
game where they have to drink
enough to either get hospitalised
or vomit. What the f\*\*k is wrong
with them? It's so jevenile!
I mean calling it a f\*\*king game!
As an Australian, I've always
understood it as an unwritten
rule that you're meant to drink
until you vomit, get leid or are
hospitalised! Me and my mates
never labelled it a game, we just
knew it had to be done!

The drugs do work

Stephen Fry has said that he used to like taking coke and doing



crosswords must have looked like. Hey, the words wouldn't have fitted but Stephen wouldn't have cared! He'd have just gone "These crosswords don't know

sh't! I'm the f\*\*kin' genius!" He also claims to suffer from manic depression and that coke was a wonderful drug for calming him down! So, there you are, kids. Coke. Wonderful drug. Clearly no side-effects whatsof\*\*kingever!

Wii love it

There's a kinky new Wii game called We Dare that's apparently attracting a lot of attention from the "swinger community". I've played it in the US and it's a wonderful game – you wave the Wiimote

around to sexy tunes, with a little bit of slapping and touching thrown in for fun. There's nothing too major in there until you get to the last level, when things get a little bit heated. In fact, you may want to get your controller insured, 'cos it's unlikely to escape without serious moisture damage!

**Burger off!** 

Apparently, the boss of Burger King, who's Brazilian, has said

that British women are ugly and British food is the worst in the world. Now, firstly, as a person who's gone up and down the

motorways of the UK
many times. I have
to say that the worst
food in the world is drom roll - Burger
King. When it comes
to tastiness, it
doesn't come close
to McDonald's,
KFC, or even
Wimpy, Also, I'll
not hear it that
British women
are unattractive.

I've had anal sex with more British chicks than I can count but I've never done it with a Brazilian. I've tried but their butts are so big, I can never

get my c'ck close to the good stuff!

Jim Jefferies: Alcohologaust Live is put now on DVD



106. CLAY ENDS, ALAMY, SPLASH, CAPITAL PICTURES, GETTY

# THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an F



MAN UNITED VS MARSEILLE Old Trafford, Tuesday 15 March, 8.19pm The United man tries to put a brave face on his injury.



MAN UNITED VS ARSENAL Old Trafford, Sat 12 March, 7.06pm Chris Foy intervenes between 5amir Nasri and Paul Scholes.



STOKE VS WEST HAM Britannia Stadium, Sun 13 March, 2.41pm The midfielder protests Thomas Hitzlsperger's booking.

POTTY-MOUTH OF THE WEEK!



Lee Probert reminds Man City's Carlos Tevez of his responsibilities.

Scott Parker: "You f\*\*king back off as well! I've explained it to you. Ah, f\*\*k off right back!" 

STOKE VS WEST HAM 3.18pm The Hammers skipper lets rip at Stoke forward Jon Walters as tempers begin to fray.

DWAYNE JOHNSON BILLY BOB THORNTON 15 commes strong housest ENTERTA MATERIAL STRIFT PICTURES PRODUCTION A FILM BY GEORGE WHITTEN TONK BAYTON & JOE GAYTON TRI STAR CANTHERRYK. DIRECTER GEORGE TELLMAN, JR. Faster-Movie.co.uk Maria Maria

AT CINEMAS MARCH 25

SONY make.belleve



# 187mph Brit Supercar Gents, meet the £200k GT car that's made in Coventry!

- If you thought Spyker was one of those wacko car companies based out in Europe, then you'd have been correct. Until a few weeks ago. Spyker, which makes cars inspired by old aeroplanes, was established by Dutch entrepreneur Victor Muller, who recently bought Saab and saved it from the knacker's yard.
- So a few weeks ago, Victor reluctantly put Spyker up for sale and the exotic motor company was sold to British company Coventry Prototype Panels (CPP). The car you're

- staring at here will not only start production this summer, but will be built in Coventry!
- Arriving over a year later than expected (due to the sale of the company), the aluminium C8 Alleron is the latest aviation inspired GT car, with numerous design details – like the turbinestyle air intakes – harking back to early jets.
- Featuring a mid-mounted
   4.2-litre V8 borrowed from
   Audi, the rear wheel drive
   C8 Aileron will crack 62mph
   in 4.5 seconds, and hits
   187mph. This isn't a supercar,

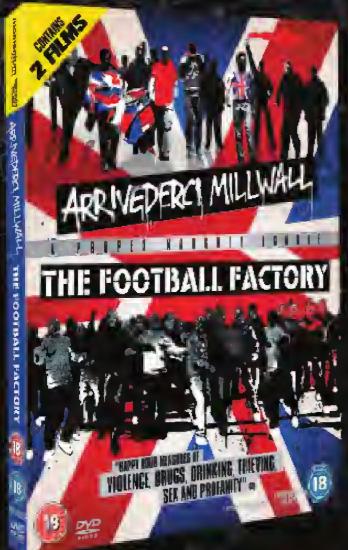
- it's a 190mph Grand Tourer made from the finest-quality machined, polished aluminium Spyker can lay its hands on.
- Spyker interiors are among the best in the business.
   Tons of machine swirl-turned aircraft-grade alloy, custommade air vents, switchgear and the visible gearshift linkage make the C8's cockpit unforgettable.
- Compared to the previous C8, the new car is 150mm longer in the wheelbase but stiffer, with a wider front track, It also uses the Lotus Evora's forged wishbones and dampers.
- If you're in any doubt of CPP's talents, these are the same guys responsible for building Aston Martin's ripsnorting One-77. A bunch of amatours they ain't!
- After reading this, you're probably rummaging through your wallet and preparing to place an order. Before you do, remember the £195,000 C8 Aileron's optional extras include a Spyker Louis Vuitton four-piece luggage set, a Louis Vuitton toolkit, a Spyker platinum watch, visible body rivets and "whisper mode" switchable exhaust.











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### DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

### I sliced my paln

Nuts reader gets well and truly skinned!

ents, put your hands together for Scott Read, because he won't be clapping much himself any time soon!

The butcher from Welwyn was at work when an accident teft his hand in tatters. Scott, 40, tells *Nuts*, "I was using a machine to suck the skin off pork when I stepped on the foot pedal by accident! My paim ended up in the rind tray!

"It went in an ice bag with me to hospital and after a five hour operation, it was graftback on. I'm just glad it didn't end up in someone's dinner.

The hedgehogstroking contest ended in disaster

"Er, when I said 'give me a hand'..."

Wow, superglue really does stick anything!"

HE SON HOW t of fake ta

Win £1,000

Think you can do better? Here's: your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!\* Submit your images and contact détails. to dontlook@ipcmedia.com



# YOUR LETTE

Sackloads of silliness from the minds of our readers!

Send your Letters to nutsletters @



Ouch, our eyes!

Dear Nuts,

Keeping up morale within our section is becoming very hard at the moment, so me and my mate Tom took it upon ourselves to go to drastic lengths to make

#### A proper chopper

Dear Nuts,

Thank you very moch for the T-shirt, Pot Noodles and, of course, the magazines you guys sent out to us. Here we are, enjoying them at work.

Petty Officer Bisgrove, Afghanistan

No problem. We'd just like to take this opportunity to thank Pot Noodles, who've now given us 500 pots to send out to the troops abroad! Top snackage!

the other guys laugh and smile. We were hoping some free Nuts magazines might work better than inflatable willies, naff 'taches and cow suits! Any chance you could send them out?

LCpl Damian Hinchcliffe, Alghanistan

We think we'd better comply, for the sake of your colleagues!





### They nose what we like!

Dear Nuts,

We decided we should get into the spirit of Comic Belief's Bed Nose Day and treat your lovely readers to some Comic Relief!

Emma and Charlee, via email Good work, Ladies! Suddenly, we're feeling all charitable!

ies a filmiona iles a teed up Aubucus lineaba outand his angled amsvettreshot is not up hus the pushkherwise it was a late of, at times,

### Soap and water time

Dear Nuts,

Me and my girlfriend found this while we were on our holidays in Cyprus! How very rude!

Russ Barstow, Dudley
This must be the place where
David Cameron does all his

holiday shopping!



### Spunky attacking play

Dear Nuts.

I found this report in the paper the day after Arsenal got beaten in Baccelona. No wonder they wanted to avoid the ball with cum-shots flying everywherel

Anon, via text

And a cross cum-shot at that! Sounds pretty painful!









### **Pretty Green!** Dear Nuts, Here's me in my Nuts vest and shorts. Thanks!

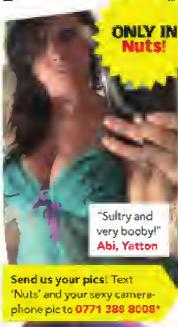
Emnta Green, via email Delightful! Ladies, if you want to look as hot as Emma here, visit www.nuts.co.uk/vests

### Win Durex stuff! @rex

Send your letters, hilarious

spam pictures and camera phone cutie shots to: nutriotters@ipanedia.com or post them to the address on page 72. The sender of this week's best letter\* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit www.durex.co.uk for more information.

### CAMERAPHONE Sexy snap-happy babes!





### take me home





Gary Stretch (World Trade Center, Alexander) and John Rhys-Davies (The Lord Of The Rings trilogy, Indiana Jones And The Lest Crusade) star in this epic adventure of war, loyatty and betrayal

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# YOUR JOKE

"But officer, I did

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My local supermarket staff are so bad that after I used the self-service checkout, I was named employee of the month!

After years
of a good
relationship,
my girlfriend
finally let me
inside her
knickers. They
look a bit silly
on me, though!

Grant Harding, Huddersfield

Paul Barnes, Coventry

### Hereditary diarrhoea. Runs in the family!

Wes Sanders, Bolton

My wife and I like to play games that reflect our jobs. As a policeman, I like to play Cluedo. As a women's rights campaigner, my wife likes to play Trivial Pursuit!

Sam Lines, Croydon

My new 3D TV
is so realistic. The
other day, Vanessa
Feltz reached out
and nicked some
of my chips!

Tiger whoops!

Tiger



### Two birds, one cage!

A man buys a kestrel and buts it in the same cade as

his budgie. The budgie says, "I wouldn't put him in here, ITI kill him."

The next day, the bloke comes downstairs and the budgie has indeed killed the kestrel, so he goes and buys a buzzard.

The budgle says, "I wouldn't put him in here either, I'll kill him."

Sure enough, the next day the man sees the buzzard has been killed.

So, the man goes out and buys an eagle and puts him in the cage with the budgie.

"I wouldn't put him in here," says the budgie, "I'll kill him!"

True to form, the next day, the man comes downstairs and the eagle is dead but the bridgie has no feathers left.

The budgie says, "That was tough, I had to take my jacket off that time!"

Richard Long, Cheltenham

#### **Bell end!**

An armless bloke is looking for a job when he notices the church is looking for a bell-ringer.

The man applies for the job and pleads with the priest to give him a go even though he has no arms, saying he can use his head instead.

He gets a trial and, sure enough, the armless chap bangs his head into the bell, making an almighty noise. At that, the priest gives him the job.

One day, the armless bloke is late for work, so he rushes up the lower, but as he goes to bang the bell, he misses it and falls to his death.

A crowd gathers and a man asks the priest if he

Win a 32in HD TV & Skyline!

To celebrate the DVD and Blu-ray release of the spectacular alien invasion thriller *Skyline* on 21 March, the sender of this week's funniest joke\* wins a Samsung 32in full-HD LCD TV, plus the film on Blu-ray, courtesy of Momentum Pictures.





# POPOUT ONLY IN NUTS! NUT

Have a cheeky flash - and earn some cash!



AMI-HANNAH 20, from Birmingham
"I popped them out while I was on a winter break to Spain!"



"A quick one - then I had to run away from a park warden!"



"This should give the boys a nice welcome home from their tour!"



LIVVY 20, from Salisbury
"This is me having a bit of fun down on the farm!"

### PHONE Win £100!

Seen something daft? Snap it, send it in and win £100!



Text 'Nuts' and your picture to **0771 388** 8008 (texts are free but standard network charges apply\*). Pic Of The Week wins £100. cash!\*\* Terms & conditions on page 72.



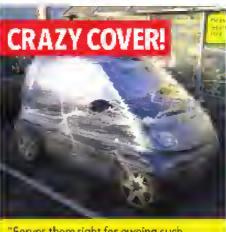
"Clingfilming cars is all well and good, but we went one better!" Anon, via text





names tattooed on my bum.

They lost!" Chris, Newport



"Serves them right for owning such a clingfilmable car!" Scott, Nottingham



"While out in Bahrain we found this! Yum!" Andrew Fielding, HMS Chiddingfold









TICKETS ADN\* BATE Sunday eis eir

EZi (30)

WEEKEND

As hits, place bother out inflace and rister websites at six place.

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18ths upon Seturday does for only facinit believes and 1859), with

\*Advances that to midgest to best ing the and modelly and 1852/11.







#### MAKE A WEEKEND OF IT!

Saturday 26th March is the Fast Show test day with the track open for a day and evening of Run What Ya Brung. The Pod Paleis heated nightclub is back, with free entry and free camping available for all weekend ticket holders.

### WWW.THEFASTSHOW.COM

FOR FULL SHOW INFO, TICKETS AND MORE. VISIT THE OFFICIAL WEBSITE OR CALL 01234 782828. SANTA POD RACEWAY, AIRPELD ROAD, PODINGTON, WELLKOBORDIGH, NORTHANTS, NN29 7XA, SIGNPOSTED FROM JI4/15 MI

## THE TRUTH ABOUT SEX WITH... SOPHIE HOWARD

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

Nuts girls solve your bedroom bother!

Email questions to thetruth\_se



### My girl needs

My girlfriend's amazing in the sack when she's tipsy but shy and prudish when she isn't. How can I make her ooze that confidence all the time?

Mike, Durham

If a girl's more open when she's tipsy, it's often because she's letting her guard down. You need to compliment her more. buy her some new underwear, and spend time building her confidence. That should loosen her up a bit without a drink.

### **Nuts BABES' SEX TIPS!**

No.40: "Vibrating love eggs are a real turn-on. Get the ones with a remote control and you can even get frisky in public!" Porchia



### Are my bits too dangly?

I'm 21 and I've got saggy testicles. I wasn't bothered until was with a girl recently and she commented on them. Are girls repulsed by that sort of thing?

Simon, Nottingham

Nol Everyone comes in different shapes and sizes. Girls look very different from one another down below, too. I've never seen anything where I've been like "No way!" I'm sure it's not that bad but if you're really worried, maybe you should see a GP.

#### Is it weird to make a noise?

I'm so vocal when I orgasm, it's embarrassing. One girl recently told me to shut up! Would all girls find it off-putting?

Johnny, Kingston Absolutely not! I prefer it when a man makes a bit of noise. If he's too quiet, you just feel like you're sh<sup>\*</sup>pging a corpse. Grunts of pleasure and dirty talk - that sort of thing is hot!

#### I can't get her out of my head!

Every time I have sex with my new girl, I think of my ex. I'm over her, so what does it mean?

Ryan, Wigan

It just takes time before your new girlfriend will be the image in your head. Encourage her to send you some dirty pictures that'll imprint her in your mind!





i Bear! What have you been up to? I've been helping the Soldiers' Charity, which is all about supporting soldiers. for life. We're launching the Soldier Challenge, which is a series of urban challenges. Nuts readers can get involved. by taking on a four-hour. urban adventure in London next Saturday (26 March)! Sounds energetic. What have you got coming up on TV for those of us who might prefer to lend our support from our armchairs? We've just finished season six of Born Survivor, We filmed one episode in the Outer Hebrides. I had to swim. from the Outer to the Inner Hebrides and I found this old rotting seal. I thought, "I can't eat this, but I can skin it and climb inside it." So I didl I had my arms through the Hipper. hole, my head through the neck and wore it like a coat, which kept mesuper-warm for the rest of the swim. Yuckl Ricky Gervais says you'd tuck into a tramp's testicles if Tesco was shut. True? If Tesco was closed long. enough, he's probably right. It's all about whatever you need to do to stay alive. What's the most disgusting thing you've eaten recently? It's always such a blur of bad things. Probably bear poo. Was it your own poo? No-a different sort of bear. What's the best way to serve bear poo? Wash off the poo and eat the undigested bits of fruit. It's not very pleasant, but it could save your life! Ray Mears still doesn't seem to like you very much. Why not? He's a great hero and he does an amazing job. I don't know why he's always so vehement. I get It in every country where my show goes



The adventurer on bear poo, Roger Federer and the Queen!

out, with whoever's the local version of me. I've learnt to always give the local version. of me the credit. How would you have survived in the Chilean mine? Stick together, improvise and keep your hope together. Survival is all about spirit. Last time we met we chatted survival techniques, so here are some more. You come back from the woods to find one of the three bears asleep in your bed. What do you do? Choose your battles. and leave them sleeping! I've had quite a few encounters. with bears and I've learnt. a healthy respect for them. The Big Bad Wolf is outside your house trying to huff and puff and blow your house down. What do you do? Get. behind something solid. On run! Which environment? Good question. Find yourself a tree and get up it! You go to visit your granny but when you get there, she's a wolf wrapped in a scarf. What do you do? Ha! I've been outwitted by a lot of animals but never any dressed as humans. I've. almost copped it with sharks, alligators and snakes but we're up on the tally, really. Man's winning -just! You recently went to tea with the Queen. Did she serve bear poo to make you feel at home? Er, no! It was a huge. honour. She's amazing. I sat next to her and it was one of the greatest privileges. Who would you invite to your fantasy dinner party? I'vegot a bit of a man-crush on Roger Federer - he's kind. of a hero of mine. I'm a bigtennis fan. I met Andre Agassi the other day and he invited nie to supper with Steffi Graf. They can come. Can Ray Mears come? Ray can come along but he has to take the coats and servethe drinks. Ha-hu!■

The Soldier Challenge takes place in London on 26 March. See <u>www.soldierchallenge</u> coult for further details



# They're good at games and do it with lots of dames!

bat with former cricketer Shane Warne's porn starjiggerypokery, golfer Tiger Woods' spectacular tales of tadgertoting and the rumpy pumpy rudery of several notable Premier League stars, it's fair to say that our sports heroes have never been better at "extra-curricular relaxation".

Porn stars, glamour babes. TV weather girls - they'll get friendly with the lot of 'eml So friendly, in fact, that we decided to round up and rate some of sport's biggest cads)

Remember to use our pictorial key (right) to remind you of the rampant rudeness these rogues revelled in l

# Key!

1. GOT NAUGHTY WITH PORN STARS: XXX

2. LIKES LADYBLOKES:



3. HAS SENT

SEXY TEXTS: 4. BEDDED



**GLAMOUR GIRLS:** 5. PLAYED AWAY

FROM HOME:

6. MET "LADIES OF ILL REPUTE": £££

7. CAUGHT



HAVING ORGIES: 8. ENJOYED AN



OLDER WOMAN: 9. FROLICKED WITH

**EXOTIC DANCERS:** 



10. DID IT WITH A TV WEATHER GIRL:



10.SVEN-GORAN

Balding, speccy, huge salary

- Sven's the whole package,

which enabled him to cheat on

Nancy Dell'Olio with a sexy FA

secretary and Ulrika Jonssonl

**ERIKSSON** 

Ashley's played away, got done for sexting and got his tackle. on model Sonia Wild's phone, all while married to Cheryl Cole! Still, we're not dissing. him, - he might shoot us!

RATING: Hotel)





#### 3. WAYNE ROONEY

It might be pushing it a bit to call Wayne's off-the-pitch. exploits "great", although he certainly provides plenty of chuckles. Early in his career, Wazza was spotted popping.

in to visit a middle-aged lady known locally as the "auld slapper". And, once all successful and married and that, he paid for sex sessions with naughty party girl Jennifer Thompson, Bad Wazzal

9. MARIQ BALQTELLI

glamour babes Betty

Miserable Mario's dated

her best mate! Come on,

RATING: Hotel)

Kourakou and Sophie Reade,

who he then cheated on with

ladies, you're better than that!





38 Nuts





# WE WERE SURR SO I CALLEDIN

## Sgt Paul Grahame on a very brave call!

uring his 180-day tour embedded with B Company, 2 Mercian Battle Group in Afghanistan, Sgt Paul "Bommer" Grahume saw combat almost every day. He's one of the British Army's most deadly elite Joint Terminal Attack Controllers (JTAC) – the only men with the power to call in a blanket air strike – and as such, was routinely called on to destroy

the enemy. With the power under his control, however, Bommer needed to know where to strike, which meant operating from the very heart of the battlefield. This is why, one day in 2009, he found himself in a ditch with rocket-propelled grenades (RPGs) raining down around him.

#### ENEMY ATTACK

"We'd moved into the bush at 0500," explains Bommer. "We were into alien territory and as the sun rose, we'd lost the cover of darkness. Our final, covert objective was no more than 200 metres further on and we pressed ahead in silence, conscious of the fact the enemy were surely close."

Suddenly, a long burst of gunfire tore apart the silence. It was the screaming rattle of a Taliban AK47, and it was answered an instant later by a British Army Issue SA80. Within seconds, RPGs smashed into the bush, as all hell broke loose. "I dived for a ditch," explains Bommer, "and tried to work out where the enemy were firing from.

"Then, an all-stations call went out on the company net - 'Man down! Arsenic Two Zero, man down!'

"Arsenic Two Zero was the call sign of 2 Patrol, on point. We'd been ambushed at close quarters and the boys up front were getting smashed. I got that horrible, sickening feeling of knowing we had

a man somewhere in the bush, injured or dying,"

The JTAC radioed a nearby F15 pilot and instructed him to carry out a flyby to get the enemy's location. The jet screamed overhead, and seconds later, the pilot's diagnosis cante crackling over the radio.

"Visual muzzle flashes all around your lead platoon," he said. "Enemy has your lead friendlies surrounded. They're maybe ten or 20 metres from your guys!"

### PINNED DOWN

Atten metres, it was way too close to call in an air strike, so the officer commanding (OC) ordered Bommer and the



platoon to fix bayonets and mount an assault. "We charged ahead for 15 metres as the section to our front put down a wall of fire on to the bash either side," Bommer recalls. "We piled into a ditch full of God knows what and crawled along on hands and knees, as the rounds tore across above our heads. For 50 metres, we fought to get closer to our casualty."

RPGs slammed down all around the platoon, and rounds shredded the leaves and branches around them.

'It was raining chunks of redhot shrapnel!' They were in the fight of their lives, and two more men went down injured before the enemy suddenly ceased fire.

Frantically, Bommer called for another overhead status report from the F15 pilot. The news, when it came, wasn't good. "I'm visual with large numbers of PAX [personnel] moving through tree lines," he reported. "All armed. Your forward platoon's totally surrounded. They're [\*\*ked."

"We were in the sh\*t. We had no idea how serious the three injured lads were."

#### LAST RESORT

"I passed the F15 pilots the instructions I never thought I'd hear myself saying as a JTAC. 'We're in a broken arrow situation. Repeat: I'm calling in a broken arrow!''

Broken arrow is one of the most desperate measures a JTAC can resort to. It clears jets to do whatever he asks, even dropping fire on their own men to prevent capture. "I want a 20mm strafe to the north, 25 metres from the friendlies," Bommer said.

The jet banked and headed towards the contact point.

"I'he air was alive with the snarl of rounds," Bommer recalls, "so I tried to burrow deeper into the sh"t ditch!"

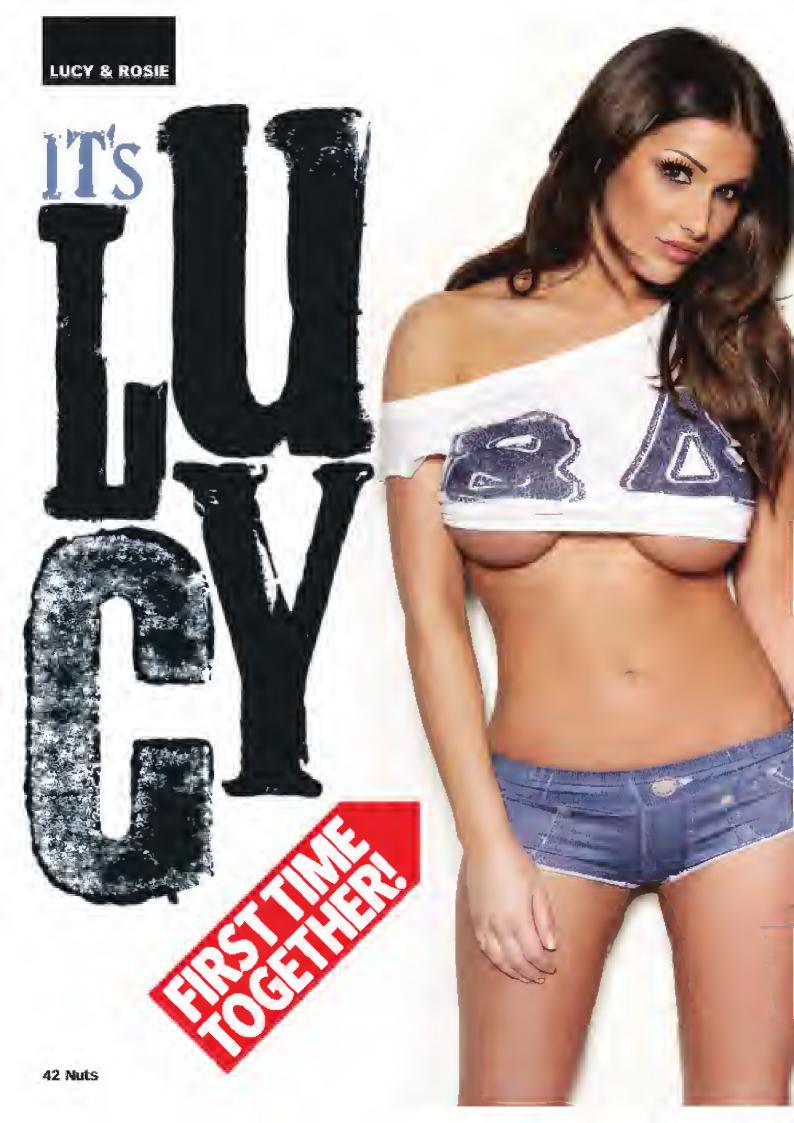
From the skies above, it was raining chunks of red-hot shrapnel. An instant later, a series of screams filled the air – the enemy were taking hits.

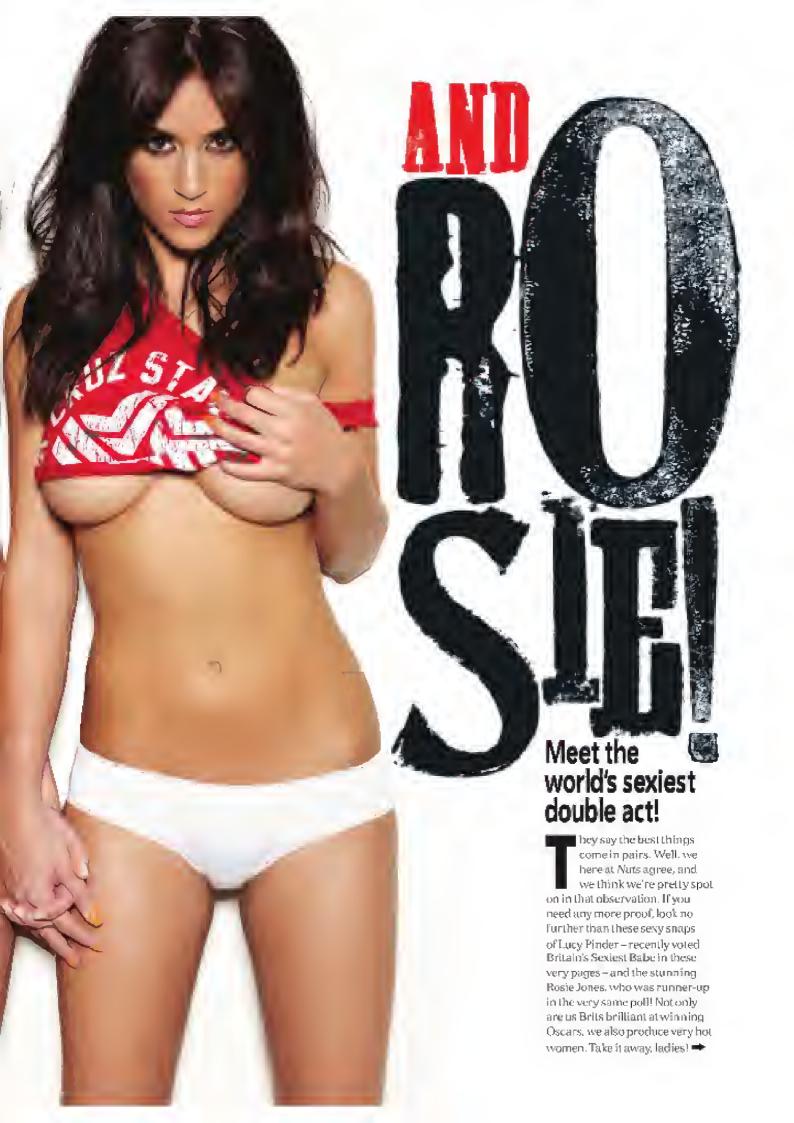
"BDA [Battle Damage Assessment]: three killed," the pilot confirmed over the radio," Bommer recalls. "We were smashing them back. 'Banking around," the pilot said—he was coming back for another swoop. "Engaging!""

Bommer's tactical nerve, coupled with the pinpoint accuracy of the pilot, meant the enemy was finally wrong-footed, and gave the upper hand back to the brave fighters of 2 Mercian Battle Group in the trenches.

They were by no means clear of danger, but with Bommer's help, they'd live to light another day.

Fire Strike 7/9 is published by Ebury Press (£18.99)























Nuts 51

**LUCY & ROSIE** I prefer the nipple-to-nipple effect, although I'm worried that I'd dwarf Rosie if we did that! Rosie: Don't say that I I wanted to be your hand-bra, now I'm. worried I won't be able to! Hike the squashed-together boobs look as well. It's pretty raunchy. If you two were going to be in a movie, what would it be like? Rosie: Can we make a movie of Jersey Shore? We'll do Rosie And Lucy TakeJersey Shore and make friends with Snooki. And to make sure we get ratings, we'll all get in the hot tub! Lucy: Uh-uh, Jones, we're not going to Jersey Shorel We'd. definitely be superheroes. And we'd kick some ass and have a hot car, like a Lamburghini. or something. We'd have tight black outfits, massive hair and some seriously cool weapons! Who's the funniest out of you? Lucy: Her! She's more animated than me but I'm more sarcastic. She'd be more slapstick funny while I'd be doing the one-liners. She's Joey to my Chandler!





i Gareth! According to Fabio Capello, you're the best player in world! How does that feel? It's great when people say nice things about you but I don't think I'm at that standard! I'm probably getting better as I get older, and I've more confidence in my game. But the best in the world? I don't think so! You've come a long way from being the bloke who had the longest run of games without being on the wingling side...

being on the winning side...
Everyone still takes the Mickey about that but at the time, it really didn't affect me. Of course, I wanted to do well straight away but I just had to work hard. When you've had ups and downs, you appreciate what football means to you, so I'm determined to enjoy what's happening now.

has a bad word to say about the manager, and there's a reason. for that. He's a good man and a people person, so he knows how to get the best out of you. But at the same time, everyone knows he's in charge. I think the job he's done at Spurs is incredible! You've said in an interview that you're "Mr Boring"! What did you mean by that? I don't do extravagant things. Hike to spend time with my friends and family, play computer games stufflike that. I'm not interested in the fame side of things. But you're richer than most 21-year-olds could ever dream of. What do you spend your cash on? I'm not driven by money. Ljust like making sure my family are comfortable. All the rest doesn't matter.

What does matter is Wales' big game against England. How do you see that going? The rivalry between the countries will make it a special occasion. We just have to go out there and play with freedom. We're at the bottom of the table so don't have anything to lose. England are an excellent side but we also have some top players. Hopefully, with a bit of luck, we can cause them a problem or two.

Thanks, Gareth. Finally, are you the new Ryan Glggs? Ryan is a legend and to be mentioned in the same breath as him is an honour. I suppose being Welsh and left-footed makes people draws compartsons, but we're different people and different footballers. I want to be judged on what I do and how I play. So far, that approach is working out pretty well for me.







he last couple of weeks have been fairly disastrous for Arsenal. A home draw against Sunderland was followed by defeat in the Champions League to Barcelona, and then a meek exit from the FA Cup at the hands of Man United.

He's refused to sign the players Arsenal need!" Attention has focused on manager Arsene Wenger and his refusal to sign the players everyone knows would improve his team, and this week I've been listening to Arsenal fans who've run out of patience with their manager.

It isn't that they don't admire the quality of Arsenal's football, or the wealth of young talent Wenger has developed, it's quite simply his desire to prove people wrong, and show that his way is the right way. Well, his way is worryingly close to leaving the club without any trophies for seven years, and it's down to what he failed to do at the start of the season, and in the January window.

Take the goalkeeper situation. He's had to sign 41-year-old Jens Lehmann as a back-up, a man who hasn't played for a year, and all because he wouldn't pay an extra million for Mark Schwarzer in August.

He then compounded the error by failing to sign a quality. centre-back in January – why he didn't pursue Bolton's Gary Cahill, who has shown he has the attributes needed to play at the highest level, is beyond me.

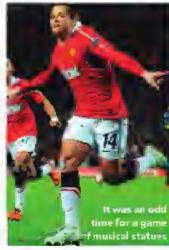
Arsenal may win the Premier League, and if they do I'll be the first to congratulate Wenger. However, if they don't, and the title goes to Old Trafford, then I'm afraid the Frenchman only has his own stubbornness to blame, and I know a lot of Arsenal fans who would be asking some serious questions.





### Man United's Mexican marvel

Wayne Rooney's recent return to form couldn't have come at a better time for Man United as they chase three trophies, and I think a big reason behind it is the impact of "The Little Pea", Javier Hernandez. The Mexican is one of United's best buys in recent years. His movement is incredible, he's a natural finisher, plays with a smile on his face and works hard. He could be the next Michael Owen!



a statue of Michael

Jackson outside Craven Cottage! Now, that

really is "bad".

# Kammy needs you!

Send your jokes, pics etc to kammy@ipcmedia.com. The sender of the best each week will win a signed Nuts T-shirt?





me, though, I'm not convinced by Wes Brown or Jonny Evans. Smalling's good but he's a baby at this level. I think United will have enough about them to get over the line but Fergie will have to spend big in the summer to freshen. things up. After all, Giggs and Scholes can't go on forever!" **KEY MAN: NEMANJA VIDIC** 



but having one of them to come off the bench is pretty. awesome. And Terry and Luiz look a decent partnership. at centre-half. The Blues are too far behind to mount a serious challenge to United but they've got enough in their locker to grab second spot from Arsenal."

KEY MAN: DIDIER DROGBA



# Free pint, game of pool & membership!

# At Rileys! For every Nuts reader!

ool – it's fun, isn't it? Beer -it's delicious, isn't it? Football - it's ace to watch, isn't it? Well, because of these simple truths, Nuts has teamed up with Rileys for a brilliant special offer-a FREE pint, a FREE game of pool and FREE 12-month membership, to mark this weekend's England Euro 2012 qualifier against Wales! That's £23 worth of stuffl

Visit one of Rileys' fantastic Fanzones, which are equipped with 3D Samsung TVs, giant HD screens, top quality sound systems and luxury seating to enjoy the game, and your free pint will make the experience all the more luxurious. And then you can hit the pool table for your free game!

The big match kicks off at 3pm on Saturday 26 March and you can head to your local Rileys for a FREE pint and FREE pool game at any point during the day's festivities.

And if you enjoyed your pool - why wouldn't you? -then you can take advantage of the fact that Rileys are also throwing in FREE

membership for a full 12 months to their 116 clubs nationwide which means unlimited pool, snooker and darts whenever you feel the urge.

How to claim: Take this voucher to Rileys and enjoy your first pint and pool game on us! See voucher for full terms and conditions. To claim your free 12-month membership speak to the club manager. Fanzones at selected clubs only. Find your nearest club at www.rileys.co.uk





## Pint & pool voucher!







AND CONDITIONS: OFFER MAUD 26/33/11 ONLY, VOLICHER HOLDER MI.IST BE OVER 18

REDESMABLE AT ANY RILEYS CLUB













## **Nuts SPORT**

# MAN-LYVE CORNER!



# Nuts Census: you Britain as seen by thousands of Nuts readers!

Mortheast

West

Midlands

West &

Southwest

Wales

Yorkshire &

Humberside

n 27 March this year (next Sunday), the 2011 Census is happening. This is a questionnaire for everyone in England and Wales to fill in so that we can get an idea of what kind of state the nation is in, and all that.

Well, to get you all in the question-answering frame of mind, we organised a miniscensus of our own on <u>nuts.co.uk</u>—and you answered in your thousands and thousands! Well done, chaps! Here are some of the patterns that emerged from your responses... Now prepare yourselves for the real deal!

For more info on the 2011 Census, visit <u>nuts.co.uk/census.</u>

West Midlanders seem to be confident parents – 75 per cent of Black Country respondents said they had no worries about their children's future!

The people of Wales dearly and enjoy their standard of living — they were the only region who felt that they had enough access to the great outdoors!

Only the people of the West and Southwest were at all confident of being able to see their GP in an emergency – and even then, it was only 50 per cent of them!

The best place to get ill seems to be the **Northeast** – a whopping 83 per cent of their respondents said they knew where all their 24-hour pharmacles were!

One thing you apparently won't see a lot of in the Northwest is lollipop ladies – 75 per cent of all respondents couldn't remember the last time they saw one!

East Midlanders are the only region who use public transport as much as their own cars or bikes – everyone else would rather use private transport!

East Anglia

Southeast

East Midlands

# What is the census?

It's a questionnaire sent to every household in England and Wales every ten years. It gives the government an idea of the state of the nation and helps to plan and deliver vital services.



# QUOTE ME ON THAT!

This week's biggest match debaters!



"You don't want to

go out with a wimp

The fish cleaned my feet up by biting all the dead skin off"

stle's Danny Simpson some fishy habits.



"I read an article the other day - it was in a Ladybird book!"

These days the ball is lighter, in our day the ball was heavier" Ruud Gullit talks a load of old balls.

"If we keep winning games, they'll add up the points at the end and tell us where e've finished" verpool manager y Dalglish kindly

"We missed Charlie Adam today, but we didn't miss him'

misses the point.

"We're not going to talk about the fact we can't. mention Liverpool here" Football Focus host Dan Walker

mentions them

### "The belief is that we can do it. We've just got to believe it"

"As long as the

beer bottles hit

Paddy Kenny

on the head.

he'll be fine"

linningham's Lee Bowyer car

### 'OO-ER SOUNDS A BIT RUDE' CORNER!

"It was a great pull off"

"There's a fox

on the pitch.

Megan Fox!"

Rugby commentator Jonathan Davies

Shame it's not

"This team has just come over my shoulder"

heads to the

"All strikers should want to go in behind early"

with some positional









We poured this advice into a *Nuts* man's head and sent him online to try to win!

## Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

#### HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines.
   That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

#### THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

#### **BONUS GAME**

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

## He won big!

David R won £58,236 on Deal or No Deal!\*\*

"I was so shocked, I took the day off work. It's so hard to believe this is all real!"



GET UP TO £200 FREE PLAY\* ON DEAL OR NO DEAL!
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# **BEDROOM BABES!**

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email <u>nutsgirls@ipcmedia.com</u>. You must be at least 18 years old.

ONLY IN

#### Andreia

20, Dorset, travel agent
"I've got really soft, gentle
lips, so I'm a very passionate
kisser – if you get that far!"

#### Jay-Scott

20. Somerset, barmaid "I can guarantee I know the way to a man's hear! – and it's definitely rude!"

#### Jenny

18, York, biologist "I used to work on a farm – and I once got up to no good on a tree-harvester!"

#### Ami

18, Birmingham, catering "My backless, skintlight black dress always goes down well! Less is more!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

# REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to <a href="mailto:nutsgirls@ipcmedia.com">nutsgirls@ipcmedia.com</a> or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

THIS WEEK:

Name: Ashleigh Age: 22 Boobs: 34E. "Love 'emi' Likes: "All different types of men!" Ever kissed a girl? "Yeah, for fun!" Strangest place you've had sex? "Definitely on a basketball court!" Sex tip: "Massage me first!\* Basingstoke

# Ashleigh's hot tour of Basingstoke!

We uncover another cutie!

# HELLO!

### Ashleigh on... her home!

"We're in Basingstoke! You can go ice-skating, shopping or go to the museum and there are loads of bars and a club, so there's loads to do!"

# Ashleigh on... her clothes!

on clothes and shoes. I've got over 100 pairs of shoes. I used to work in a lingerie shop, too, so I've got loads of sexy sets!"

### Ashleigh on... drinking!

"I'm a happy drunk when I go out. I'm bubbly, giggly and like to joke around. It doesn't take much - a couple of glasses of champagne and I'm happy!"

# "I spend half of my money



**Nuts MOBILE** Lucy & Rosie sexy mobile special!

Get your favourite pics for just £2 each!



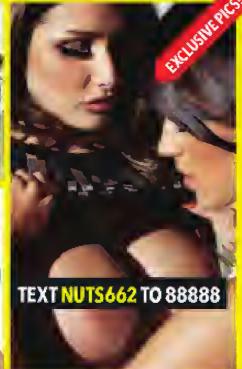












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'We had late-night Jacuzzi fun'

Me and my fella have just got back from an amazing trip to Vegas. The place we stayed in was out of this world—it even had a pool and Jacuzzi on the roof. You weren't allowed to use it after 8pm but one night, after coming back from a club, we sneaked into the tob. We started kissing and my man started kissing my neck and sliding his hand up my inner thigh. I could feel myself getting turned on and my cheeks flushed. I pulled him closer to me and felt his big erection throbbing in my hand. I couldn't wait to get him inside me and knew we had to be quick in case we got caught. As he entered me, I knew I was going to come soon and sure enough, it didn't take long. Which was just as well because a security guard turned up and turfed us out!

Em. by email

## 'I had to bite his shoulder'

My boyfriend and I were coming back on a train from Sheffield and it was packed. We eventually got a seat and settled down for a cuddle under my coat, and I took my boyfriend's hand and placed it over my lap. Straight away, he knew what I wanted, so he undid the belt and zip on my jeans. I was getting really turned on at this point.

He then put his hand down my pants and started to play with me. I was so wet and turned on by the thought of us getting caught. He slid his fingers inside me and moved them in and out really slowly. I had to bite his shoulder to try to stop myself from screaming with pleasure. I wanted to come but people walking by put me off, so we're planning to find a quieter train and have another go soon!

Natasha, Croydon

## 'We had to keep the noise down'

My boyfriend and I were shopping one afternoon at our local supermarket and hepointed to a sexy bra and thong set, telling me how fit l'dlook in them. Haughed but my fella's mind had obviously wandered. because he grabbed my bunt and whispered in my ear that he wanted me right now. I soon abandoned our trolley and we locked ourselves in an empty cubicle in the changing rooms. We kissed passionately and I could feel his bulge growing. He unzipped my jeans and pulled my knickers down before Jurning me around and entering me from behind, It felt amazing, and knowing other customers. could be outside made it all the more exciting. It was hard to keep dur moans to a minimum and we both came quite quickly and loudly. After the deed, we zipped up our jeans but to our horror, we could hear people

talking outside. We opened the cubicle door to be greeted by two middle-aged women and an unimpressed shop assistant. We sheepishly walked out and didn't make eye contact with any of them as we tried to hide our smirking faces. Needless to say, we've changed supermarkets!

Kelly, South Wales

## 'I went down in the cinema'

My boyfriend and I went to the cinema one night with a mate. of his and ended up right in the far corner at the back. Hound the film really hard to follow, so I moved myself closer to my man and started kissing his neck and squeezing his package under his jeans. I heard his breathing get heavier and he whispered to me to go down on him. I wiggled down between his legs and he hid me under his coat. His mate couldn't believe what was going on but was more interested in the movie than what we were upto. I sucked as quietly as I could and he loved every minute of it!

Larissa, Manchester

## Win £50!

Ladies, send your raunchiest confessions to louise\_prior@ipcmedia.com\_or to the address on page 72. The best one each week\* wins £50!
Come on, girls!

# Nuts FASHION

It was never about the studying!

10 college classics



FRENCH CONNECTION POLO SHIRT £37

This polo ticks all the boxes.



RIVER ISLAND T-SHIRT £15

Give a nod to the college look with



This denim baseball jacket is a bit out there, but cool.



JUMPER £54

A good take on the cricket jumper.

## NIKE SPORTS BAG £36

Keep your stuff together in this bag.



STOCKISTS: LUKE: WANNELEE STATE COM. NEW LOOK INVENTIONAL TOPMAN, WANNELORMEN COM. ASOSTOWN ASOSTOW. RIVER ISLAND: WANNELEED COM. FRENCH CONNECTION: WANNELEED COM.



## LUSH DIRTY BODY SPRAY £13

For blokes who aren't keen on deodorant or aftershave. Use this for an earthy, clean scent. It's weird, but we like it! Stockist: lush.co.uk



## TED BAKER X20 SPECIAL EDITION EDT £35

A pleasing sweet scent for blokes. Nuts man Rich walked off with this very bottle!

offraser.co.uk

## KING OF SHAVES Stockist: house AZOR 5 £7

Those whiskers don't stand a chance with this budget five-bladed razor that glides over your face to provide a smooth, precise shave. Decent value, too! Stockista





## BULLDOG **ORIGINAL AFTERSHAVE** BALM £5

Packed with natural and soothing essential oils, this will calm the skin post-shave and it smells clean, too! Stockist: meetthe bulldog.com



## HEAD & **SHOULDERS** SHAMPOO £2

A limited-edition bottle with Jenson Button endorsing the dandruffžápping shampoo. Great value, and it'll last for months! Stockist: nationwide



## Nuts REVIEWS



## LEGO STAR WARS III PG PS3 MROX 340



The Lego games take on hit 'toon The Clone Wars, with their usual mix of gentle gameplay and chucklesome cut-scenes. Twenty missions and 40 bonus levels will keep you swinging your lightsaber and blasting enemies into teeny bricks behind the controls of Jedis, Clone Troopers and Yoda. \*\*\*





It's 3D scrapping with your favourite Capcom characters, so expect a screen like technicolour

vomit and beautifully realised combos and match-ups. \*\*\*



THE ODDBOX



This is an Oddworld feast. With Munch's Oddysee, Abe's Oddysee, Abe's Exoddus and

Stranger's Wrath, for £20 all-in, this is the deal of the week.

## APPS!



IDARKROOM IPHONE, IPOD TOUCH, IPAL



Add stylish effects to your bog-standard pics with this ace and user-

friendly app. A photo fan's dream, and great even if you just want a bit of fun! \*\*\*

## AUSTRALIAN GRAND



The new Formula One season begins this weekend, so get hold

of this freebie for all the info on the first race of the season, in Melbourne! \*\*\*\*

## DVDS/BLU-RAY!



## WORST CASE SCENARIO WITH BEAR GRYLLS



You know how it is - you're walking down the street, when - barn! you're attacked by a rattlesnake! OK, a lot of the scenarios in this series aren't likely to come your way anytime soon, but it's still fun watching the nutty survival expert demonstrate how to estape burning cars, survive earthquakes, tackle snakes and the like. Worth checking out. \*\*\*

## WE ARE WHAT WE ARE DVD/BLU-RAY CERT 15



Billed as a Mexican Let The Right One In, this horror about a family of cannibals forced to fend for themselves lives up to its billing. \*\*\*\*

SKYLINE DVD/BULRAY CERT 12A



B-movie alien invasion nonsense as mammoth extraterrestrials threaten to wipe out all of mankind. Don't look at the light! \*\*\*

SKINS: SERIES 5



Whet your appetite for the upcoming film with the recent series introducing the third generation of troubled Bristolbased teens. \*\*\*

## **MUSIC!**



CAGE THE ELEPHANT
THANK YOU HAPPY BISTHDAY



Ace second album from the purveyors of fine alternative rock, who,

brilliantly, come from a town called Bowling Green! \*\*\*

## VARIOUS ARTISTS



Hot tunes from the Miami Winter Music Conference, a convention for

dancey types. If you like dance music, too, this is brill! ★★★





FASTER

Dwayne "The Rock" Johnson goes hitman mental to avenge his brother's death in a triggerhappy action flick. Cool! \*\*



THE EAGLE

Gladiator Jranyone? Thought not. This glossy tale of Romans (with American accents) fighting in ancient Britain is pants! \*

# Play Bejeweled Hypercash™ and win big! BEJEWELED HYPERCASH

Turn Bejeweled® Gems into Big Money Wins!

Nuts PROMOTION

52.5

GET UP TO £200 FREE PLAY\* ON BEJEWELED HYPERCASH! SIGN UP TODAY AND ENTER PROMO

CASINO GAMES INSTANT WIN SCRATCH CARDS

gambleaware.co.uk



# UTS

The section that constantly changes captain!

"My hands are stuck to my gel!"

7-DAY TV LISTINGS GUIDE!

"These actually used to be Jodie Marsh's lips!"

FRIDAY

**New series of chat!** 

Frank Skinner's Opinionated BBC2, 10pm

Don't Hw up

SATURDAY

Craig's back as Bond!

"You're not very handy to hide behind!"

**MONDAY** 

Bizarre new comedy!

Bored To Death Sky Atlantic/HD, 10.15ptr

SATURDAY

Home nations in action!

Wales vs England Sky Sports 1/HD, 2pm

## FRIDAY 25 MARCH



## A League Of Their Own Sky1/HD, 9.30pm

Man United's Rio Ferdinand and comic Lee Mack do stupid stuff

on this week's edition of the quiz. ★★★



## True Blood

DRAMA FX/HD, 10pm The penultimate episode is wrapping things up.

Crystal's a werepanther, Eric gets revenge on Russell for his family's death in super sneaky style, and Sookie loves Bill. \*\*\*



TODAY'S

**MUST-SEE** 

## Frank Skinner's Opinionated BBC2, 10pm

COMEDY The comic returns for a new series chatting about topical

stuff. Lee Mack joins him tonight. ★★★★

## one

6.00m Breakfast 9.15 Heir Hunters 10.00 Homes Under the Hammer 11.00 Britain's Empty Homes 11.36 Cashin the Allig 12:35 pm Bargain Hunt 1:00 890. Mens, Weather 1.30 Regional. News, Weather 1.45 Doctors 2.15 Escape to the Country 3.40 BBC News, Weather, Regional News 3: 05 CBDC 5.15 Weakest Line IR14.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebles 7.00 CBBCB.30 (Dechies 11.25 Meerkat Manor(R) 12.00neon Daily Politics 12.30pm GMT with George Alagist 1.60 Diagnosis Murder [lt] 1,45 To Buy. or Not to Buy 2.30 Restoration. Boadshow (R) 3.00 Flog h! 3.45 Helicoster Henores (R) 4.30 Pointless 5.15 Parl Your Money Where Your Mouth is 6-00 Enghands (R) 6.30 Royal Upstairs Downstairs

5.38am IIV News 6.00 Daybreak 8.30 Longing 9.25 The Jenemy Kyle Show 10.20 This Morning 12.30pm Lagge Warren 1.36 (TV News 1.55 Regional News, Weather 2.0260 Minute Milegover 3.00 ine Alan Titchmarsh Show 4.00 Midsamer Munders (RI) 5 66 The Chase 6.00 Regions' Moes, Weather & 30 TY News



5.55em Yu Babba Gabba! (A) A.20 The Hoobs R 7.10 Figshiy Squeezed 7.40 Everybody Loves Paymond (P.) 8.65 Fosigr | P.| 8.35 Friends [R] 9.10 Supernanny USA 10.00 Brothers & Sisters 10.55 Golds Fashion Fiel M142/00noon News, 12.05pm River Cottage Eiles 12.15 DC Framan's Wall 2 65 Cookery School 3.10 Cruntdown 3.55 Deal or No Deal 5.00 Come Dinewith Ne 5.30 Coath Trip 6.60 The Simosons (F) 4.30 Ho hoaks

6.00am Milkshake/9.15 The Wright Styff 11,05 Cowboy Builders (F) 12.00 noon Meals in Moments (R)12.10pm 5 Novs Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Kelehbours 2.15 The Vanessa Show 3,05 Animal Rescue-Sound(R) 3. 20 EUV Love is a Four Lette: Word Ramanic cornects glaving Jeri Palo and Robert Malhouse 5,00 5 News at 5, Weither S. 30 Keighbours [F) 6.00 Homeand Away (P) 4.75 OK! TV

7pm The Simpsons Agayantiques dealer le ninsta socialise with the lamily. (P)

7.30The Middle Axil crasbures segre Hopinge of analtractive teacher. (ED)

8.00 The Simpsons Marge dyes berhair grey, as opposed to her natural blue calcut, abridasly. [HD)

8.30 Modern Family Philland Cibine try to spice up Velentine's Day. (HD)

9.00 Raising Hope Among Invites Lugy's parents over for Thanks giving.(HD)

Their Dan Sports haved billioning Nasted by James Cordon. (940)

10.30 Louie Spence's Showbusiness Danging-drops (RVHD)

11.30 Ignition Music and comedy.(HD)

12.00m't Live to Dancero

## 7.00 The One Show Topical chin-wageing

7.30 Rip Off Britain Consumer authoris.

## 8.00 EastEnders

Michael arepares for the opening of the boxing dub, let's hope his Interdoesn't accidentally meet a punchbag or anything.

## 8 30 01

Willi Jeremy Clarkson, Bill Bailey, Danny Baker and Alan Danies, (9)

## 9.00 New Tricks

The squed reopen the investigation into an actress's disappearance (A)

## 10.00 News, Weather

## 10.35 David Walliams\* 24 Hour Panel People

Highlights from the comedian's day long panel show marathon. Blimey, David Mitchellwill by on exerting lost Be's always on 'em-

## 11.35 The National Lottery Friday Night Draws

Presented by OJ Borg

11.50 Scary Movie 3 Tien Honor spupilsequel stanting Anna Faris and Charlie Sheen.

## 7.00 Britain by Bike (F)

Fr Routhy and Fr John Paul prepare ablithday surprise for FrCalum, For his sake, let's hope it's whisky.

## 8.00 Mastermind

Subjects include Jane Austen and Specius Bothered? Thought nut.

## 8.30 Gardeners' World

Advice on plants that will add minus In the parden during summer What. with most flowers being grey. Er. . .

## 9.00 This is Britain

## 10.00 Frank Skinner's Opinionated

The bost presents the repital comedu skew from London

## 10.30 Newsolobt

## 11.00 The Review Show

Aproduction of the Most theredible thing, the most intred blathing to use right now is the remote.

## 11.50 ICC Cricket **World Cup Highlights**

The third quarter linal at the Shere Rangla Mational Stadium.

## 12.50-3.00am The Hidden Blade

Lapanese romantic drama slaming Masatoshi Magase.

## 7.00 Emmerdale

## Leyla buys a jomper for Jacob. Well, 7.30 An Island Parish with all that worel around....

7.30 Coronation Street Kevirt scores à big will on a

scretchcard. We redomne's landed aftee hotoclattle Rusers.

## 8.00 Children's Hospital High drama as doctors treat a bump.

to three-near-old Marton's head.

## 8.30 Coronation Street Sally among that she's entitled to

half of Kevin's winnings, grat least a spoorful of the polatoes.

## 900 Benidorm Afreakstorm hits the resort.

## 10.00 ITV News, Weather

10.30 Regional News

## 10.35 The Cube

An engineercompetes in right angle obsessed game show (R)

## 11.35 Take Me Out

Attiathlete, a proper ly developer. a sales executive and a nelectrician steathtu the breath. Meditess! [F]

## 700 News

7.25 4thought.tu

## 7.30 Unreported World

A report on sepale affected byleprosyln India.

## 8.00 Supersize vs Superskinny Kids Kids with eating issues

## 9.00 Embarrassing Bodies

A man who's strungled with an itchu buttom for 20 years. On the plus side, he's probably picked up some incodible dancemoses.

## 10.00 Friday Night Dinner

The siblings' nulty lather pretends to hum his magazines.

## 10.35 Rude Tube: **Total Stunts**

The 50 most dangerous stunts on the interweb.(R)

## 11.40 10 O'Clock Live

With David Mitchell, Jimmy Can and Charlie Brooker, (K)

## 12.40am Music on 4: The Album Chart Show Introduces Mike Posner The singer-songwriter performs. (II)

12.55 CTRL MX (%)

## 700 5 News at 7

## 7.30 Vets in Action

A boxen dog faces surgery. As if it didn't lookumhappy enough.(R)

## 8.00 ke Road Truckers

Jack Jessee has to decide whether to cross a rapidly thewing river. Our advice? No. vyuriomdele loon

## 9.00 The Mentalist

Yan Pelt's career is put in Jeopardy when a willness is billed while in her care. Hmm, that we call out a hit of a downer on things.

## 10.00 Law & Order

A man is found bludgeoned to death with a builde on the back seat of all immore visiour bus.

## 10.55 CSI: Miami

The put upon learn to be find out. who shot Horsein.(P)

## 11.55 Cops in Crisis

Plud'n peril (R)

12.15am SuperCasino

## SPORT

KCCCrichet World Cop. Sky. Sports 1. 11 ..... Golf, Sky Sports 2. 1.30 - Cot, Sky Sports 2.

Serbia is Maritiem Ireland, Sky Spanis 1. 7. Moon Wigan mors vs Warrington Wolves Sky Sports 2. T. avom Austravs Belgism, ESPN, 11.30cm Memi Heaths Po Tadelpin a Zhers, ESPN, Sam Form, to 1: Australian Grand Frix Oca ilying, BOC1.

1.16am Hurizott, Predaturs in your Backward (R12.40 Hidden Treosures of African Arti Rt 3.10 BBC News 5.00-7.38em [60] Jornula 1: Australian Grand Prin Qualifying

1.05am Tre Zone 3.05 In Plain. Sight: Orama with Mary McCormast. IRI 3.50-5.30am ITV Maintscreen

1.20 4P ay. Kassidy 1.35 My Name Is Fort (R) 2.30 Modern Toss (R) 2.55 A Table Neighbor Totom 4.30 Penper (R) 5.15 Countéewn (R) 5.50-dam Yo Gabba Gabba (R)

2.55 Motorshort-Mendial Speeding form 4.20 The FBHF les mos to wildlife SDS IRI 5.35 & Ottom House Declar(P)

## **Nuts**TV

## 26 MARCH SATURDAY



## Wales vs England

SPORT Sky Sports 1/HD, 8pm A tasty little all-British dust-up between Capello's boys and Gary Speed's mob, who'll be looking to get one over on their more successful neighbours! \*\*\*\*



## Quantum Of Solace

FILM ITV1, 9pm Daniel Craig's second turn as Bond has him seeking revenge for the death of Vesper Lynd from Casino Royale. Features more top action, plus the super-hot Olga Kurylenko. \*\*\*\*



## **Boardwalk Empire**

DRAMA Sky Atlantic/HD, 9pm Nucky hires Richard Harrow (the brilliant masked man) as his bodyguard after an attempt on his life. And Van Alden no longer trusts his partner. \*\*\*\*

## one

7.30am Breakfast 10.00 Saturday Kitchen live 11\_20 Regenered Qlang's Kitchen Secrets (R) 12.00noon BBC Mows, Regional News, Weather 12.15pm Footpal Focus 1.00 Formula 1: Aygter Fam Grand Prix Qualifying (R) 2.15 FTGT Cycling 3.45 Co. The Boot Rape 2011: Rowing, and not of the argument veneral 5.50 BIK, News. Regional News, Weather 6.10 dl New Total Wiperrot. The Final

6.00am ESeebles 7.00 EBBE 12.000000 LiteTing(R)12.10pm Priceless Antiques Roadshow (R) 12.15 Giagnosis Murden(R) 1.00 Anatomy of a Murden. Country or drawn standing James Stewart 3,35 Churches: How to Read Them (R) 4.455 The Spice Iral. (K) 5.05 Escape to the Country (R) 6.05 From It! IRI 6.35 Dod's Arms (R)

5, 30cm | TV News 6,00 EITV 9.25 Compari on Street 11.45 This Moming: Saturday 12.50pm Mank 1.56 TV News, Weather 2:05 You've Been Framed!(If) 2.35 My Housesilter Reymantic comedy staming Steve Martin. 4.30 Reginnal News, Weather 4.45 EEE Bean: Cornedy staying Roman Alkmann, 6, 25 TV News 6.40 New You've Been Framed!

6.00em The Treade People (R) 6.10 The Hooks (R) 6.35 🖂 🗆 ԱΑΓ World Cross Country Championships 7. 25 Part The find 7.55 Part The Morning Line 8,50 T4, Friends (R) 9.25 Black Eyed Peas: Real Stories (P) 10.30 Give 11.35 Great British Hairdresser 12.40 pm The Eig Bang Theory (7) 1.45 Pm Rading 3.40 Come Dingwith Mc Extra Portions [R] 5.15 Daleai World Cup 6.00 Come Dinewith Me (R) 4.30 News 6.55 4thought to

6.00am Mileshakel 10.00 The Gadgst Snow [R] 11.00 los Boad Truckers [f) 12.00noon FSIC While You Were Sleeping: Ronunde comedy staming Sandra Bullock 2pm ESS Dyrng: Spi figlesma stening Kyle Madachlan, 4,40 (213) The Professionals: (Nestron arkenkers with Burt Janesetscand ace Monroe, 6.55 5 News Workend

Bart tries to net the school.

7.30 The Simpsons The family visit an exclusive country club, but is has a weird ellecton Marge.(R)

The 3004 Ohympics are in full swing. Time flies, doesn't it?(R)

8.30 Futurama Bender becomes envious

## 7.10 So You Think You Can Bance

Han, but we think are can work out how to use the partote. Flight

## 8.10 The National Lottery: Secret Fortune Coine on-we're feeling ludgit

9.00 Casualty Motorry more though.

9.50 News, Weather

10.10 Live at the Apollo Fop-quality giggles with Jason Manford and Michael Mointyre (R)

## 10.55 John Bishop's Britain

The Artist Framerly Known As Sporty Spice chais about, well, sport. (g)

## 11.25 The Armstrona & Miller Show

Foo sketches with the posh duo

## 11.55 The Football League Show

hower-leaguebal-belling, including Phymouthus Southampton in League One.

12.50-6.00am (BST) **BBC News** 

## 7.05 Reputations

Carry On blake Frenkie Howard. [16]

## 8.00 The Story of Variety with Michael Grade

Also hat the cause of verience lars after the theatres closed.

## 9.00 Goldie's Band: By Royal Appointment

Three-part docu fallowing the Dulas his searches for young musicians to form a group. Et. X/Fat/log ameones

## 10.00 The Tudors Landy kings and the like.

10.55 Nurse Jackie Darklaughs, Grace attends her first session with the psychiatrist.

## 11.25 Frank Skinner's **Opinionated**

Cool topical come the show. Lee Mack quests on this one IEL

## 11.55 ICC Cricket World Cup Highlights

The fourth quarter final from the malchal the R Premodosa Stadium in Colombo, Sritanka.

## 12.55-3.15am (BST) Man About Dog

Three Beliast men discover that the dog they've just sold to gypsies. is a potential rading diampion. D'old

## 7.10 Harry Hill's TV Burp

Aresien et the week's smell-screen. highlights, but brace yourselfit's the last in the series! Not

## 7,40 Ant & Dec's Push the Button

lwa fam lies compete for a substantial cash price with the theeky Geordie samps looking on.

## 9.00 Quantum of Soloce

was an the second building flow Sim starring Daniel Craig, Olso Kaproletskie in Sterrs, Auto.

## 11.15 Criminal

Misselvneteran conman trade. John C Beily stars.

## 11.00 ITV News, Weather

agrees to take an upstart under his ming and teach him the bricks of the

## 12 50am The Zone

1.50 (BST) Swinglow's Oceans. (R) 3.35-5.30am (TVNightstreen)

## 7.00 River Cottage **Every Day**

Hugh Feamley Whittingstal on the importance of a good breaklast. If he means a living, we completely agree with him!(ii)

## 8.00 Seven Ages of Britain

Betterry Hoghes considers the fourthage, between 410 and 1066A0; something everyone's put a lot of thought left of some ou ntorother Er. .. (R)

## 9.00 Peter Kay's Britain's Gotthe Pop Factor

The corrly comedian special reality talentshows.(R)

## 11.00 Stand Up for the Week

Comedians sland up, tell topical intersand mater us roll amond. laughing. Can't argue with that!

## 11.50 Dog Soldiers

Saldiers on weekend mandeuvres in the Highlands face. a fight for survival against a pack of were workers. Expellent Brit Mick stanioù Sean Pertwee.

## 7.00 NCIS

Aminterment is prundered, IR:

## 7.55 CSI: Grissem's Greatest

Grisson kearmes embreiled in a complex case. He must be benipted just to disappear to the casho at times like this (R)

## 2 50 C 51: Miami.

Amurder investigation leads to a comupt FBI agent (R)

## 9.50 CSI: NY

Madinivestigates the death of a Spanishglub promoter.

## 10.45 CSt: Crime Scene Investigation

Apaperboy finds the severed head of a journalist. Urgh! (R)

## 11.45 Forensic Files Forensic lechniques.

12.15am SuperCasino

## 7pm The Simpsons

closeddown.(F)

8.00 Futurama

о I е-пем тебо L. [R]

## 900 The Mummy Returns

primately upon smuth switch (Mail Brendan Fraserand Pachel We'sz, Married explorers Rich and Evelyn battle to save the world from the Imboten, (HD)

11.30 Road Wars Jamac-related Insuma (RXHD)

## 12.30am Final Approach

Hijackdrama (RYND)

Sports 1:**5:3dpm** Bugger av Switzer and Swy Sports 1. Japan 7.15pm hetendus Lincocos Sky Sports 1, 35mm FC ESPN.

Australian Grand Pox, 68C1. stigen Northämpton vs Waso Sky Sports 1. Labour Scotland vs Bracil ITV1. Labour Huddenlield vs House Goons, Sky Sports 1.

2.45am [851] Privileged (F)3.30 Privileged (R) 4.15 Lighy Betty (R) 5.00 Wodan's Perfect Recalt IPO

4.55 (BST) Rough Euide To [R] 5.00 Hana's Helpfine (P\$ 5.10) The Millishske! Shew (R) 5.35 Thomas & Friends | R | 5,45-6,000 m. 5,95-6,10am Countdown (R) Roary the Racino CardRI

## SUNDAY 27 MARCH



## F1: The Australian Grand Prix BBC1, 6am

SPORT Stupid time difference means an early start as the first race of the season comes from Melbourne! \*\*\*



## Hawaii Five-0 Sky1/HD 9pm

DRAMA The team face a dilemma when they're asked to prevent the assassination of a notorious dictator – after the only person who can reveal the details of the assassination plot is murdered! ★★★



TODAY'S

MUST-SEE

## **Burn After Reading**

FILM ITV1, 10.15pm Bonkers Coen Brothers comedy about two loony gym workers who try to blackmail a former CIA agent. Stars Brad Pitt, George Clooney and John Malkovich. \*\*\*

## one

Australian Grand Print The opening exceed of the season. Start force from As a word - brilliant! 9.00 The Andrew Man Show 10:00 The Big Duestions 11.00 Country Tracks 12.00moon The Politics Show 1pm Formula 1: The Sucha Cas Grand PriviPt 2.55 East Enders. 4.55 Songs of Praige 5.35 BBC Hews, Regional News, Weather 6.00 Wigel Stater's Simple Suppers (P) 6.30 The BoarThar Guy Built (P)

6.00am CBeebles 7.00 CBBC to.00 Sampthing for the Weekend 11:30 MasterChel(F) 12:30pm Escape to the Country (P) 1.15 1 - Rode Together, Western staming Junes Stewart. 3.00 DIS Cyding 5.15 IEE Dinty Rolten Scoundrels: Cornerly staming Steve Making and Michael Calnets. commeting over many. If you've not seenths, wetch it Britishily family

5,30am (FVK) es 6,00 EFF 9,25 May the Best House Win (R) 10.25 House Biff(R) 11.30 This Marning: Sunday 12.30pm Dinner Date (F) 1.25 If V News, Weather 1.30 1073 International Epothall: Septimely: Brazifal the Emirates, Offither, Klob off's at 2ran, 4.05 Ad of the Year (B). 5.05 Regional News, Weather 5.20 FTV News 5.35 Harry Hill's TV Burg. RI 6.05 Em Mr Bean's Heliday. Cornedy Starting Rough Atlantan.

7.40 Dancing on Ice Final

Three finalists baltle it out. Meaning

10.00 ITV News. Weather

10.15 Burn After Reading

The Core Broffers' being

cornedy about a pair of dueless gym

wickes who by to to replie their

analysi's memoirs, fit's weight and

furmy Pine by us! George Oconey, Brad Patand John Kilologuich star.

वीक्रकारमञ्जू क्षीत वीक्ष्मपार्काली CIA

Psthe last mel Won-book

6.10em The Hoobs: Children's shaw: (R) 7.00 World Ski Championships 7.25 Crunchtime 7.55 T4: Friends [R] 8.45 Holyoaks 11.15 Friends (R) 11.50 Glec(R) 12.50pm Tre-Simpsons [R] 1.55 Four in a Bed (R) 4.20 Deal or No Deal \$.30 Time Team 6.30 News 6.55 4thought N

7.00 Come Dine with Me

Surely the mind readerhys.

8.00 Civilization:

a massively untained vortage?

Is the West History?

Africa by European powers.

900 Country House

10.00 Vera Drake

Rescue

Or perhaps not.

A look back at the colonisation of

Next week, Council House Mescue.

Mikeleigh's period drama set

In Stis England, about a working-

class wife and mem who secretly

So, an ice cheery film then?

performs abortions for young girls.

6.00am Milkshake! 10,000 bavid GangitLive 10.50 Startight for the Children (P) 11. 20 Zoo Days (R) 11.50 Cowboy Builders [R] 12.50pm The Second Jungle Book Mongliand Ralpo: Children's adventive 2.30 TE The King and hAnimation with the votice of Miranda Aichardson, 4.10 EC Oliver! Oscar with incompress!

7pm The Middle Sua disabays Mike by going to see an Riraled movie. [RXHD]

7.30 Modern Family Philand Chirc dande play is spice up Valentine's Day, with cornedic results. (fix HD)

8.00 Raising Hope Amony Invites his decephier's grandparents over [H8]

8.30 The Simpsons Homertries to help kipe boost his love the MIXHUR

## 900 Haws & Plac-O

MeGamett and the Fire Discontinue or elect मा विकास के लेखन हैं जिल्हें

10.00 NCIS: Los Angeles Caller and Sam kunt for two

gunmen.(190)

11.00 House Taub investigates a suspicious ternage girl (B)(HD)

12.09m't Road Wars Copsand cars trime. (R)(HD)

## 7.00 Countryfile

Interested in the rowing and canac sount events in the 2012 Olympics? Well, you're in kuck tonight then!

## 8.00 Antiques Roadshow Energy looking dails and posselain

dogs in bow tesare appraised

## 9.00 Waking the Dead The book of a Falkland's Warveteran

is found in a stretch of river.

10,00 News, Weather

## 10.25 imagine: The Trouble with Toistoy

Alan Yentob explores the life of Russian author Lep Tolkrey, Imagine watching something more interesting. How about (TV)?

## 11.30 The Flying Scotsman

Gast Sporting blog estarting John ( Lee Miller as record-breaking Scottish racing cyclist Greene Directle's handly Rodry is it?

7.00 Top Gear The trialry laimpress Oxland residents by building an electric car. Things don't go to plen ... (FC)

## 8.00 Japan Earthquake: A Horizon Special with Jain Stewart

Exemining the geological funes that led to the natural disaster.

## 900 Wonders of the Universe

this'll make you scratch your head. It's about an insight into the origins and evolution of both marking and the universe, Our brains burt!

## 10.00 The Grumpy Guide to Work

Cynical celebs dispuss the world of work. Oh, it must be such a toughlife being a stack and having people feed you jetly beans all due (R).

## 11.09 Infamous

Material Biopic starring foby Jones es writer Irueran Capule, which evoloristhe slavears during which he waste state movel or other. It's all abitheavy for us, thanks,

## 12.50am BBC News

hugging action, including Ballers Lefaester, Hanlequins vs Glourester and Loudon Irishas Eveter.

## 12.50 The Zone

12.05am Premiership Rugby Union The latest top-flight peanut-

> 12.25am Mystic Pizza SC Romantic come dy about the lines and lones of three walbesses. A 100 per cent qilif sillim. Avoid.

## 7.05 5 News Weekend

## A Bollywood fan, a shope ssistant, 7.10 Joe Kiddi a mind reader and a sol ofter compelein the compelition to see Westernstanding Clinic who can throw the best dinner party

Eastwood and Robert Ouvell A fired gan becomes invalved in a range war between goor Mexicans anda powerful ranches.

## 9.00 3.10 to Yuma

ings Grabyourstetson and lasso-Esampther Western, This one's à remake staning Russell Crowe and Christian Bale as a debt stricken. rancher who not unteers to escort. a notorious puther to justice. It's QK,

## 11.30 Young Guns

Hmm, we see a theme forming here tonight.

Faney more comboys, horses ando os?in this pro, sir young outlaws ride out to avenge the death of their mention Yee and indeed haw! Kiefer Sutherland and the, et, "unoredicishle" Charlie Sheen are in it.



d man product, all least end color

1.20am Super Casno 4.00 The EBIELES (PA 4-50) & @Barn Mexisin.

1.15am Sign Zone. The Books We Really Read: A Culture Show Spedial (R) 2.16 Hulby City(R) 3.15 Arena Rull Harris Paints His Dresin [R) 4.45-6.00am BBC News 4.45-5.15am Front The Super League Shows Eggschartling action. **३.७६ किया** The Blues Brothers. दर्भा comedy from John Landis starting Jahri Beksili and Dan Aybrayd. 4.15-5.30em IIV kigniscrem

2.15NewrOld Ne Ary Harm [R] 3.70 The Play's the Thing (P) 4.05 Williout a Trace IRI 4.50 Worum's Perfect Regali(R) 5.15 6.00am Countdown [f0]

Moments IRI

## NutsTV

## 28 MARCH MONDAY



## You Don't Mess With The Zohan Channel 5, 9pm

Daft comedy with Adam Sandler as an Israeli commando who dreams of becoming a hairdresser. \*\*\*\*



## **Spartacus: Gods Of** The Arena sky1/HD, 10pm

DRAMA Oenomaus contemplates the end of his career. Nudity and

violence are guaranteed! Ace! ★★★



## **Bored To Death**

DRAMA Sky Atlantic/HD, 10.15pm Bizarre new comedy about

a struggling writer (Jason Schwartzman) who pretends to be a private detective. Zach Galifianakis co-stars, ★★★

## one

6.00am Beakfast 9.15 (1976) Hundred Years of Us 10:00 Herries Under the Hammer 11.00 Britain's Empty Homes 11.30 Crsh in the Affic (R) \$2.15pm Bargain Hunt (R) 1.00 BBC News, Westings 1.30 Regional News, Weather 1.45 Doctors 2.15 500 32 Brinkburn Street 2 60 FB" News, Weather Remoral News 3.65 CBBC 5.15 Weskes | Drig 6.00 BBC News, Weather 6.30 Regunal

## TWO

6.00am CSeebles 7.00 CBBC 8,30 (Rechies 11.35 Meerka) Manor (R) 12.00noon Daily Politics 12.36pm GMT with George Alagin's 1.00 biagnosis Murder (K) 1.45 To Buyor Not to Buy 2.30 Restoration Poadshow [R] 3.00 Flog III 3.45 He inopter Homes [R] 4.96 Pointiess 5, 15 Escape to the Country (R) Aved Ecohove's (R) 6.30 Rayal Upstains Downstains

5, 30em ITV News 6,00 Daybreak 8.30 Lamine 9.25 The Jaremy KyleShow 10.30 This Meming 12.30pm Loose Women 1.30 MV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3700 The Alan Titchmarsh Show: With Bea She phard and Based Garrett. 4.DDMidsamer Munders (RI. 5.60 The Chase (R) 6.00 Regional News, Weather 6.30 FV News

6.00em The Tread's People (K) 6.10 Max Bow 4.20 The Hooks (R) 7,10 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8,005 Farsier [R] B.40 Friends (R) 9.10 Supernarmy USA 10.60 Brothers & Sisters **10.55** Relocation, Refocation [R] **12.00mppn Nevs 12,05 pm Jamie** at Home (R) **12,36 (BD)** Rope: Suggense phoron, 2.05 Cookery School 3:10 Countdown 3:55 Deal ur No Deál 5.00 Tre Simpsons (R) 6.30 Hollyoaks

7.00 News

7.55 4thought.tv

Gulfini Mexico oilspill

900 One Born

**Every Minute** 

10 00 Heston's

Fairytale Feast

nkl sizza, ch. Heston? (R)

11 10 The Event

name changing message.

12.10am Music on 4:

Chemical Romance

Following the US rackers on their

Short is a form to the

360 Sessions: My

tourin,Japan.

Poker Tour

12.40 European

Economiatre 16.

8.00 Dispatches: BP -In Deep Water

Pregnant women pop out lids.

Acomplicated dinner inspired by

Hansel & Grets I. Cinclere I's and Snow

White. What's wieng with a simple

Thomas reveals the details of the

Afockat the role of BP in the 2010

6.00e m Mileshakel 9.85 The Wright Stuff 11.05 Brighton Bench Patiol (R) 12,05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3v05 Jhe Family Reope (R) 3. 15 (23) A Plage Called Home: Domestic drama stamno-Act Margart. 5.00 5 News at 5. Weather 5.30 Keighbours (R) 6.60 Home and Away (F) 8.25 (DK) 1/4

7.00 5 News at 7

Canad any Idemess

7.30 How Do They Bo H?

Alaak at the mining aloil in the

8.00 The Gadget Show

Polyanna Woodward and Suz. Perry

embark on a paimballing challenge.

7pm The Simpsons Featuring the quest voice of Kirk Douglas.(%)

7.30 The Simpsons A Pulp Figure a style trip through Springlield.(FQ)

8.00 Brit Cops: Frontline Crime UK The plod tackle street of me eround Weles. (R)(HD)

9.00 Ross Kemp: Battle for the Amazon

Examining the passures faono the region, (RIGHD)

and cheef and and hardlesses Reasons overland the help white cells, Galla and photocomica bon implement e elevirous allem (Hill):

11.15 A League of Their Own Sparty corredy quiz, hosted by:

12.15am Night Cops Officers deal with a leisty more Irom Canterbury (R)(ND)

## Gods of the Areas

James Corden (K)(HD)

## 930 You Don't Mess with the Johan

La Codeina comeda stanina Adam Sandler and John Turnism.

## 11.20 Deuce Bigalow: European Gigolo

EC While in Amsleydam, part-lime male proof bute Denne Binalow realises that a serial lefter is systematically mundering the world's leading gigalas.

os kaland, ESPN.

## News Programmes, Weather 7.00 The One Show

7.30 Bang Goes the Theory Dallas Carripbel incels the leani

behind a 1,000 mgh gar. Who at

8.00 EastEnders

Indicel title taltle.

## 8.30 The Big Squeeze: Panorama

People moanebout being skint.

9.00 Waking the Dead Boyd's orders put Grace In Jeopardy.

10.00 News, Weather

## 10.35 Mrs Brown's Boys Newlyweds Denmot and Maria amue. Book salid relationship-then?

11.05 Late Kick Off More boots onne dwith balls

## 11.35 Goodbye Charlie Bright

in the Egothal Langue,

GELAncerus and Locumbin. on a Sarf London estate beginsto dream of a better future for himself.

## 7.00 Chilean Miners:

What Happened Next Howthree of the rescued in ners leve toped with suddentime.

8.00 University Challenge Souds vs geeks

## 8.30 Raymond Blanc's Kitchen Secrets

the chel cooks pasta-free revioli encesting explicit vits. Samething about that just seems wrong.

## 9.00 Neit Morrissey: Care Home Kid

Serious docum which the actur explores his thildhood in care.

## 10.00 Never Mind the Buzzeneks

Mad music quiewith Calvin Harris. Jon Richardson, Fearne Cotton and lineby Stryder (R)

10.30 Newsnight

## 11.20 The Brain: A Secret History

Efforts to anderstand the human mind. We need a couple of mracelempli atthink malport to

## 12,20am An Island Parish

Windswept pansense.(B)

12.50 BBC News

4.00-6.00am BSC learning Zone. Edvarional programmes, [R]

## 7.00 Emmerdale

Kelly drups a boot bahell on Jimmy. That's cotta hurt.

## 7.30 Coronation Street

Chris fountain joins threeastes Jack Dudoworth's prandeon formaty. Why are we telling you this?

## 8.00 The Dates

🚟 Actor Adrian Edmondson returns to his birth place in York shire. in document a symmetric the Tist of the Roles Emediante market limit pronte called Seta.

## 8.30 Coronation Street More stress on the street.

9.00 Law & Order: UK Ategnage with sever elearning difficulties is killed to a fre-

10.00 ITV News, Weather

## 10,35 Real Crime: Murder at Harvey Nicks Aman who stalked and killed his (gomer cirthiend.(R))

11.35 River Monsters Jeremy Wade Journeys along the Custo in Adulm no durant drinkin-

## Um Bringo as he goes (RI) 12.30am The Zone

2.35 PropiluEFA.Champions League Weekly: Reconfection. 3.05 The Jeremy Kyle Show [8] Genetic diseases, Charl. IRI 3.30 4,00-5,30am IIY Rightscreen Coder IR14,25 The Bible A History [R] S.20-6.05am Ug y Betty(R]

## 1.35 Rome Wasn't Burt in a Bay (R) 2.30 Poyal Deaths and Diseases

4.05 the FBI files/RI 4.55 Anima Rescue Sairad (RIS. 40 Wildlife 505) IRI 5.35-6.00am House Doctor(R)

12.55am SuperCasino

30am Cricket, Sky Sports 1L 30 pm Northern heland vs. Republic of Irelandio: Liv. guay. Sity Sparits 2, 7, 21 pm Feet 682 Englandus Chana, (TV1). 4,5 pm International Football, ESPN.

## 1.05am Young, Judiess and Ching at Home (K) 2.00 Silk (K) 3.00 Music Money and Hip-Hup Honey's (R) 4 .00 Lite in a Coltage Garden (F)4.30-6.60am BBC News

## TUESDAY 29 MARCH



## **England vs Ghana**

SPORT "after the Lord Mayor's show"

- a pointless friendly that's about as much use as a chocolate teapot at this stage of the season. Still, it's footy, innit? ★★★★



## CSI Channel 5, 9pm

DRAMA The team and a blackened tongue The team find a man with fresh and think he's the victim of an attempted electric chair-style execution. Our money's on a particularly severe vindaloo, though! ★★★



TODAY'S

MUST-SEE V PICKS!

## **Blue Bloods**

DRAMA Sky Atlantic/HD, 10pm
The fast-paced police drama continues with Erin and Danny trying to stop one of NYC's most dangerous crims killing again after he's released from prison. \*\*

## one

6.00am Breakfast 9.15 Alfundred Years oftis 10.00 Homes Under the Hammer 11.00 Britain's Empty Homes 11.36 Cashin the Allig (F) 12.75 pm Bargain Humi 1.00 B9C Mens, Weather 1.30 Regional News, Weather 1,45 Doctors 2.15 32 Brinksom Street 3.00 BBC Mews, Weather, Regional News 3.05 CBBC 5.35 Weekes Link 6.00 BBC News, Weather 6.30 Regional Ment Programmes, Weather

6.00am CBeebles 7.00 CBBCB.30 (Dechies 11.25 Magrical Manor(R) 12.00neen Daily Politics 12.30pm GMT with George Alagiah 1.60 Diagnosis Murder (II) 1.45 To Buy Or Not To Buy 2.30 Restriction Boadshow (R) 3.00 Flog h! (R) 3.45 Helicopter Herrors (R) 4.30 Pointless 5.15 Escape to the Country (R) 4.60 Egghtards (R) 6.30 Royal Upstains Downstains

5.30am (FVNews 6.00 Daynesk 8.34 In ming 9.25 The Jeremy Kyle Show 10.30 This Marning 12.30pm Lorse Women 1.30 ITV Mews 1.5% Regional News, Weather 2.40 60 Minute Makenver 3.00 The Man Titermarsh Show 4.00 Midsomer Murders (2) 5.00 the Chase (Et & 400 Regional) News, Westner 6.30 ITV News



6.25 The Boots [R] 7.15 Freshly Squeezed 7.45 Everybody Laws Raymond (R) 8.05 Ensier (R) 8.35 Friends (R) 9.05 Supermanny USA 9.55 Brothers & Sisters 10.55 APlace in the Sure Home orderay. [R] 52.80noon Channel 4 News Surmony **12.65 pm III.** To Catch a Thief, Historick comedy Unilley staving Cary Greet, 2.05 Coolings School 3:40 Countdown 3:55 Deal or No Deal 5.00 Fem 6.00 The Simosons (Rt e. 30 Hollworks

6.00am Milkshake! 9.15 The Wright Styff 11,05 Drighton Dench Patrol (P) 12.00noon Mealsin Moments(R) 12.10pm \$ News Luncht me 12,20 House (R) 1,15 Homeand Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 The Family Recipe (R) 3.20 (RV) Nightscream, Chiller with Conduce. Cymerry Seve: 5.00 5 News at 5. Weather 5.30 Keighbours (F) 6.00 Home and Away (F) 8.25 (IX! TV

7pm The Simpsons Homer cuts on arright solve can quality as disabled.(#)

7.30 The Simpsons the family take a breakin. Flanders' bearly house III!

8.00 Live to Dance No, can't say we do. (RI(ND)

9.00 The Mummy

**BIEI** Adventure sequelstamng

Weisz, Entertaining Staff, (HD)

Waterstribes up a friendsh-p

with Roscoe Jayce. (RYHD)

Brefidan Fraser and Rashel

Reburns

11.30 Fringe

## 7.00 The One Show Topical chat.

## 7.30 Eastenders

More Condoners go arrund Threatening to kill each other.

## 8.00 Holby City Hospital hell

## 900 Silk

Mark Draner standstrial for the murder of a judge.

## 10.00 News, Weather

## 10.35 See You in Court

🚾 Doou providing an insight into 12 likely areas as they unlold over the course of two years. Doll, doll, dull

## 11.25 Comic Relief: Famous, Richand in the Slums

Four celebs experience poverty in Altica. And then they go home to Their lugury gards, no doubt. (R)

## 12.30am **Sign Zone**: See Hear

The UK's Bistightest-hunting event lar deal penále. (fi)

1.00 Hidden Treasures of Indian Art.

(R) 2,000 Ready Steady Drink (R).

(R) 4,00-6.00am BBC News

3.00 Foresten Hernes: Paneram.

## 7.00 Wonders of the Universe

Abrain-melting show about the universe. And we're not talking Ho-Man, either Give taimiss (R)

## 8.00 The Hairy Bikers: Mums Know Best

We belithey get more than the exterioral har in their dinner. Grin.

## 9.00 Bible's **Buried Secrets**

Big in based bodie as.

## 10.00 Have I Got Old News for You

Ermann Holmes guest hosts the sightly smug quiz Has to be said though, Holmes is a nice chan.(R).

## 10.30 Newsnight

## **Cup Highlights**

PACE Quarter-line listump-scattering in Still Links.

Educational pubbins (R)

## 7.00 Emmerdale

Mare whip-to-clong : clina on the farm. En fithey had whiles.

## 7.30 International Football

Beglandys Chara at Mentiley, kidself âgan lits a menths, so free 's every thomas England Tiplay a bit subbeth, bat da still a great chance to get the beers in and your mates of coding you कारती विक्रों का सामाने के लिए.

## 700 News

7.55 4thought.tv

## 8.00 Supersize vs

Superskinny

The return of the bities vs sidenties. One landy person swaps. pies and crisps for rebbit food.

## 9.00 Katie: My Beautiful Friends

A 16 year-old trying to come to terms with sows from an actident.

## 10.00 Lily Alien: From Riches to Rags

Lily Wen-does tashion. Wedon't.

## 11.05 Pete Versus Life

this was brilliantly cringey lunwhen. it as first shown last year. It follows: Pete a sports journal st whose life is. presented by two professional commentators. Worth a look (R)

## 11.40 School of Cornedy

Hilland miss teenage confidentions perform sketches.

## 12.10am UK & Ireland Poker Tour

FACTION from the prest glous. card-laying event in Galway.

## 700 5 News at 7

## 7.30 Extraordinary Dogs Dugs that do a mixing things!

## 8.00 Tutankhamurk The Mystery Revealed All about the Egyption obstroat (K)

## 9,00 (5)

The Authority of Sangale is electric chair allow executions. Middle it's immention at least.

## 10:00 CSI: Miami

A high school teacher is cut in half by a swood-wielding killer. Again, we have to give props for the nventiveness.(R)

## 12.30am Brit Cops: Frontline Crime UK

the work plofficers in Landon's Met Police (R)(HD)

## 10.55 **CSI**:

Mactinally realises his stalver's methration.(R)

11.55 CSI Moss number in Las Vanas, (19)

12.50am Super Casino



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## 11.20 ICC Cricket World

12,20am BBC News

4.00-6.00am BBC Learning Zone:

## Football Highlights securing tion from England vs

10.45 International

Ghana, in case you missed it earlier.

10.10 LTV News, Weather

## 11.45 Cops with Cameras Alpokathoragous deal with different types of drug dealers. (R)

12,40am The Zone

## 2.45 Crussing Jordan, Branta.

The Grid 2.05 - Freestyle World Sci Championships 2.35 Bosing 3.00 Court Sailing

## 4.05 FBFTis 1.15 From Superbiles 1.40 From R 4:55 Animal Retrue 5.10-5.35am

3.25-4.20am Wall Emis Country

within sus

3.39-5.30am (TV klightscreen

## **NutsTV**

## 30 MARCH WEDNESDAY



## **Robin Hood**

FILM Sky Movies Premiere/HD, 8pm Ridley Scott's take on the outlaw legend is a bit rubbish. Russell Crowe's OK as Hood and there's the odd good battle, but this is nowhere near Scott's best. ★★★



The Sopranos

Sky Atlantic/HD, 9pm

Tony hears the FBI are about to shake him down, so he proceeds to stash all manner of cash, guns, and jewellery at his mother's retirement home. \*\*\*\*



Sons Of Anarchy

DRAMA 5 USA, 10pm Jax and Clay are reunited, and they have one thing on their mind - vengeance for Gemma's rape. Meanwhile, Tig tells Opie that he killed his missus. \*\*\*\*

## one

6.00am Beakfast 9.15 A Hundred Years of Us 10.00 Homes Under the Hammer 11/00 Britain's Empty Homes 19.36 Cash in the Attic(R) 12.15pm Bargain Hunt 1.00 690 Mors, Weather 1.20 Regional News, Weather 1.45 Doctors 2.15 32 Reinkhum Street 3 66 RRC Name. Weather Reportal News 3.05 CRFs\* 5.15 Weakes(Link(P) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

## TWO

6.00am CSeebles 7.00 CBBC 0.30 Cookies 11.30 Daily Politics 1pm See Hear 1.30 The Hairy Bakers (Fd) 1.45 To Buy or Notto Buy 2.30 Restoration Poadshow (R) 3.00 Fleg It! [R] 3.45 Heliopeter Heroes [R] 4.30 Point ess 5.15 Escape in the Country (R) & dd Egghends (R) 6.30 Rayai Upstails Downstairs

5, 30cm ITV News 6,00 Daybreak 8.30 Larming 9.25 The Jeremy KyleShow 10.30 This Marring 12.36pm looseWomen 1.36 FV News 1.55 Regional News, Weather 2.00 & Winute Makeover: Howe-improvement chow 3 00 The blan Titchmarch Show & @@ Wirksmee & echos? W. 5.00 The Chase (RIA.00 Regional) News, Weather 6.30 FTV News

6.10 cm Sali Ma 14R) 6.15 Max Beau |R| 6.30 The Hooks (R) 7.20 Freshly Squeezed 7.45 Everybody Loves Raymond (R) 8.10 Fasici (R) 8.40 Friends [R] 9.10 Supermanny USA 10.00 Brothers & Sisters 16.55 Country House Rescue (R) 12.00mpon News 12.05 pm River Cottage Bles (R) 12.15 EC The Thirty MineStress 2.05 Cookery School 3:10 Countdown 3:55 Deal ur No Deal 5.00 Fem 6.00 The Simpsons (R) 6.30 Hollydaks

7.00 News

7.55 4thought.tv

Vacation, Vacation

Hollday tips with kirstle Albaga

and Phil Science; starting in thica.

Our tro-find the bars and enjoy!

8.30 Superscrimpers: Waste Not Want Not

Hance advice programme.

Howabout, save some electricity.

and switch your telly off for while?

10.00 The Model Agency

I wo models get obtentally life-

11.05 Lily Allen: From Riches to Rags

Lily and Sarah prepare los their

Assuminse party leaves Cally with a

12.10am The Big C

lough decision to make.

9.00 Jamie's

Dream School

changing contracts.

grand opening. (%)

8.00 Vacation.

6.00e m Mileshakel 9.85 The 2.15 The Vanessa Show 3.05 Rough Guide to Gites (R) 3. 2012 Prairie Ferner Westernstattlen Keuts Sarho Weether 5.30 Keighbours (R) 6.60 Home and Away (R) & 25 OK! TV

## 7.00 The One Show Indice steries

## 7.30 The Boat That Guy Built

Guy Mailingives the beata make over. Northbe pleased

## 8.00 Waterloo Road Francesca hands in her resignation.

## 9.00 WasterChef

The sty remaining contestants prepare a meal for 165 beuble. We're wandering how we'd bandle that - It's a lot of tins of baked beans.

## 10.00 News, Weather

## 10.35 The National Lottery Wednesday Night Draws

CU Borgramsents.

## 10.45 Would I Lie to You?

Lio-based come dy panel show with Buth Jones, Jason Manford, Jack Dep and Peler Serafinowicz, (R)

## 11.15 Comic Relief: Famous, Rich and in the Slums

The relebolies more in with frem tamfiles in Kense (6%)

## 12.15am Frozen

GREE British thriller starting Shidey Henderson and Poshan Seth.

## 1.45 Sign Zone: Country hacks(R) 2,40 Who Gets the Best Johs? (R) 3.00 The Gio fat In the About Low fat. Foods (R) 4,48-5-08am BBC News

## 7.00 Coast

A directer tourn) the trish See. We'd prefer a rectangular one, thanks. (R)

## 8,00 Great British Food Revival

Ainsley Hamiottand Givon Pumell chambing obsess. And why not?

## 900 The Truth **About Liens**

the private lives of the notoriously grumpy things, exposed at lost.

## 10.00 Mock the Week - Again

With quests Kevin Bridges, 6d Byrne and Chris Addison. (R)

## 10.30 Newsnight

## 11.20 ICC Cricket

World Cup Highlights The majethon bell-thumping lournament's nearly over Henris action from the second semi-linal.

## 12.20am BBC News

4.00-6.00am 00C Learning Zone [R]

## 7.00 Emmerdale

Egg-laying lunedy.

## 7.30 The Unforgettable Diana Dors

Profile of the British screen Icon. Ask yurun perrentis. (PC)

## 8.00 Midsomer Murders

Murder in the middle of nuwhere.

## 10.00 ITV News, Weather

Ageing comedy action thriller starring Mel-Gibson. A lawyer on the run from a drugs gang.

## 12.4 mm The Zone

2.40 RM Blues Brothers 2000.

4.45-5.30am IIV Rightscreen

Cornedy sequel with Dan Aylenyd.

discovers that be long lost fance is

## 10.35 Bird on a Wire

12.45 Music on 4: The Album Chart Show Spotlight

Disc-spianing lun.

1.00 Russian Standard Vodka Originals Presents (RI-1, 15 On Trade 4811.30 On hash R01.45 The Frantie: Hower Rt 2, 40-4,052 m The Baitle of Houd and Bismarck (P)

Wright Stoff 11.05 Bright on Broch Patiel (R) 12.00nesa Mea's in Moments (R) 12.10 pm 5 News buncht me 12.20 House [8] 1.15 Home and Amay 1.45 Neighborns Communic Sugar and Lance Hemisen, 5.00 5 News at 5,

## 7.00 5 News at 7

## 7.30 Starlight: For the Children

Jason Plato takas a boy for a spin around Stverstone, Todorhind

## 8.00 Emergency Bikers Abody is lound on a towpath. (R)

## 9.00 NCIS

Ari ássassin lárgets a government. witness on a Biold.

## 10.00 Law & Order: Criminal Intent

A single mum and her date are muide red in her apartment (R)

## 11.00 Law & Order: Special Victims Unit

Goren suspents a woman's family was involved inher murder (F)

## 11.55 Poker

More Insure Land Malers den shades and try to win podles of cash. Note had hing eh? (%)

1am SuperCasino 4:05 The FOI

5.35-6.0 dam House Doctor (R)

IM 5.10 Wildlife 505 (R)

Files (R) 4,5% An mail Rescue Squad

## 7pm The Simpsons Awashed up Hohomodactor

starts dating Selma.(R) 7.30 The Simpsons George Bosh Strmoves in

## across the street. (FO 8.00 Louie Spence's

Showbusiness Low e's reviue show hits the stage, with a performance by Chesney Hawkes, It doesn't get o followorsethan that (HD)

## 9.30 The Simpsons

Home rejects Bart's olea fora babybrother. [R&HD]

## 10.00 Fringe

We'n' drama, Walterneardes ebout Peter's relationship with the doornaday device. (HD)

## 11.00 Spartacus: Gods of the Arena

Opnomaus contemplates the end of his career (ROHD).

## 12.15am Night Cops

Exmouth of hoers arrest two drug dealers. (R)

🕟 Dails, Sky Sports 1. 🔻 Rugoy te aque: Hundet Hawks vs. Dewstery Rains, Sky Sports 2. 12. Albem I loe Hockey: Tampa Bay Lightning vs Piltiburgh Penguins, F5PN Jam to Hectoy Vancouver Connecs as LA Ungs, ESPN.

## THURSDAY 31 MARCH



V Syfy/HD, 9pm

Jane and Anna are at each DRAMA Jane and Annua See See on the other's lizardy throats on the

mother ship, and Erica finds out something strange happened while she was pregnant with her half-alien sproglet. \* \*\*



Glory Daze E4, 9pm

COMEDY Amusing 80s-based college campus comedy for blokes.

Tonight, the boys of the Mega Sigs fratemity house clash with the opposing Zeta Rhos. Brain-dead easy viewing. ★★★



TODAY'S

MUST-SEE

## Martina Cole's The

Runaway Sky1/HD, 9pm

Not exactly a love story...
Fans of The Take will know

to expect violence, and lots of it! \*\*\*

## one

6.00am Breakfast 9.15 Alfundred Years ofthe 10.00 Homes Under the Hammer 11.00 Britain's Empty Hymes 11.36 Cashin the Allic (F) 12.75pm Bargain Hunt(R) 1.00 000 News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 32 Brinkoum Street 3.00 BBC Mews, Weather, Regional News 3.05 CBBC 5.35 Weekes Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebles 7.00 CBBCB:30 (Dechies 11.25 Meerkat Manor(R) 12.00noon Daily Politics 12.30pm GMT with George Alagist 1.60 Diagnosis Murden Detective abame. (E) 1.45 To Bey or Kell to Guy 2.30 Bestoration Roadshow [Rt 3.40 Flog II! | B | 3.45 Helicopter Heroes (B) 4.30 Pointless 5.15 Escape to the Country (R) AJGO Egghtends (R) 6.30 Royal Upstain Downstains

5.30am (FV News 6.00 Daybeak 8.34 Loursing 9.25 The Jeremy Ky's \$how 10.30 This Morning 12.30pm Lagse Women 1.30 JTV News 1.55 Regional News, Weather 2:00 60 Minute Makeover, From Reignic In. Sorrey, 3,00 The Man Titchmarsh Shore 4.00 Mickeys (Murders (R)) 5.00 The Chase (R) & 00 Regional News, Westner 6.30 ITV News



6.15 m The Tread's People (R) 6.25 Max Bear(2) 4.40 The Hooks (P) 7.05 Freshly Squeezed 7.05 EverybydyLovesRaymond [R] 8.05 Frasier(N) 8.35 Friends(K) 9.05 Supernanny USA 9.55 Brothers & Sisters 10v55 The Restoration Man. (A) \$2,00meen News \$2,05pm Fove: Cottage Bites (H) \$2,15 (MT) The Lark/Vanishes 2,05 Cookery School 3:40 Countdown 3:55 Deal ur No Deal 5.00 fem 6.00 The Simpsons (R) 6.30 Hollyceks



6.00am Milkshake! 9.15 The Wright Styff 11,65 Drighton Droch Patrol (P) 12.05pm The Family Recipe (R)12.10 5 News Lynchtime 12.20 House (F) 1.15 Home and Away 1.45 Kelehbours 2.15 The Vanessa Show 2,00 Meals in Moments (R) 3.18 EE Polyting Stranger: Drama staming Eng La Safe \$300 5 News at 5, Westner 5.30 Neighbours (My 6.00 Home andAway (R) 6.25 GK! TV

7pm The Simpsons Grampaand McBumsviefgra collection of rare pictures. (R)

7.30 The Simpsons Troy McClure introduces some classic clips.(Fg)

8.00 Hawaii Five-0 The fearn try to project an Infamous dictator. (R)(HD)

## 980 Martine Cole's The Runaway

market I pop Hard No. lett. shows a couple-distrance or work Shot was bloom this, the arother print doma, the time about two stepsiblings' lives and the marky marks they are mingdunin (HE)

10.00 House The stall perform upon boart

11.00 NOS: Los Angeles Called and Sam kunt fortwo.

12.00m't Night Cops

## 7.00 The One Show Topical magazine show.

## 730 EastEnders

Dot suffers a serious applicant at hotte. To be fair, we throught she'd kirked tailong time ago.

## 8.00 DIY SOS: The Big Build - Brynmawr

From Wales, Obviously, IRS

## 9.00 Crimewatch More homble happenings.

10.00 News, Weather

## 10.35 Crimewatch **Undate**

A response to the earlier shows

## 10.45 Question Time

11.45 This Week Political elec-

## 12.35am Sign Zone: The Big Squeeze: Panorama Mganigg about money. (R)

## 7.00 David Attenbolough's First Life

Blitteg! How many lives has he had? Oh. It's about the prior is priffe on Earth, is voorwere.

## 8.00 Great British Food Revival

Gary Fittedes and Angela Hartnett champ on tomatoes and crab. Coud for them. Possithy nut oute so creatifer the mabs. Though,

## 900 Neil Morrissey: Care Home Kid

What happens to young people when they leave care.

## 10.00 Rhod Gilbert's Work Experience

I he comedian tries his hand at laur professions, beginning by morking on a lann. Prepare to laugh.

## 10.30 Newsmight

## 11.20 The Joy of Stats Alight-hearted-exploration of the world of statistics, fit hat's possible,

12,20am BBC News

## 7.00 Emmerdale

Chas and Diane agree to hard test" the ripartnership. Are they going to fill it with netrol too?

## 7.30 Charities in Crisis: Tonight

Culs, exis, éuls.

## 8.00 Emmerdale

More goet grazing gubbins

## 8.30 Coronation Street.

## 9.00 Monroe

Medical drama.

## 10:00 ITV News, Weather

10 35 Renidorm lanice's shocked to encounter. an old llame (E).

## 11.35 Regional Programme

## 12.05am Grimefighters A cleener discovers a bathroom that has been used as a eight cel-litter. trac Batthat smalls a treat. (R)

12.30 The Zone

## 700 News

7.55 4thought.tv

## 8.00 Three in a Bed

Guest houses compete for the title of best 886. If you're bothered.

## 9.00 Love Thy Neighbour An Italian family correcte against a

gey couple. Will they become the only gays in the village:

## 10,00 16 O'Clock Live

With David Mitchell, Jimmy Carr, Charlie Brooker and Lauren Laverne.

## 11.05 Friday Night Dinner

the siblings father pretends to burn his precious magazines. [8]

## 11.35 The Ricky Gervais Show

Kull PTkington issues a public safety announcement for chameleons.

## 12.05am Music on 4: James Blunt

## 12.40 Music on 4: The Great Escape Festival

Featuring Blie Goulding and Charge & Status, (R)

## 7.00 5 News at 7

## 7.30 How Do They Do It?

More answers to how things work. You've probably never wondered about themanyway. [fig

## 800 The Blasters

Sleve Perligrem sets about demolishing a convention centre in Horth Carolina, Cool!

## 9.00 Exit Wounds

Taxant's Hoursday might, it's Channel 5. It's another Sleven Seasal. attimer! Here, he's alough orpdrawn into a web of compilion and drugs in an inner-city precinct.

surgeryrona matador, (HD)

qunmen.(E)(HD)

The opusite of Day Caps. (R)

## 11.10 CCTV Cities

O:TV and how it helps compat crime. Or at least carchittaniage. arrywczy. (R)

12.05em Super Casino



1.05 Countryfile [R] 2.05 Antiques Roadshaw: Form West Yorkshire, (R) 3.65 Ris Olf Britain (R) 3.35 My Big. FatFakeWedding: Rangorma(R) 4.35-6.00am BBC News

4.00-6.00cm BBC Learning Zone [R]

2.35 The Jeremy Kyle Show (V) 3.30 (harites in Crisis Tonight (R) 1.55-5.30om // Kightstreen

1.65 Face of Britain 2.60 Dispatches 3.55 Unreported World 3.29 Hill Street Blues 4.10 Without a Trace (R) 4.55 Wogan's Perfect Recall 5.20-6.05am Equildown Rt

4.05 FB FIRS 4.55 Animal Restue Ri5.10 WHITIT SOS (RI 5.35-6.00am



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Ę	Duck Soose - Borbino Streisand	416122
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"('I just get up this hill than i'll worry about that thin stuck on my face."

Cowell's contract terms were getting out of hand Call Of Duty: Modern Warfare 2 made £242,424,795 in its first 24 hours on general release.

Cricketer Kevin O'Brien's recent century for Ireland against England was the fastest in World Cup history - it came off 50 balls.

In 1976, businessman Ronald Wayne withdrew his ten per cent stake in Apple, worth about £1,500. It would now be worth £15bn.

The F-word is used 265 times in the movie Puls Biotion.

In 1981, Kenji Urada of Japan became one of the first people to die at the hands of a robot, after one machine's hydraulic arm pushed him into a factory grinding machine.

Bluetooth is named after a tenthcentury Danish king who was an expert in uniting warring factions.

The male duckshilled platypus has barbs on its feet that can deliver a painful venom.

The Dunning-Kruger effect prevents stupid people from recognising that they're stupid.

Ratie Melua set the Guinness World Record for the deepest underwater music gig when she performed at 303 metres below sea level on a gas rig in the North Sea in 2006.

George Washington's dentures were made of a mix of gold, ivory, lead, human and animal teeth, but not wood.

The German word for bita is "bustenhalter", which literally translates as "bust holder".

PUB AMMO ON...



- Roman emperor Julius Caesar brought his own bacon with him when he landed in ancient Britain in 55BC.
- MasterChef's Gregg Wallace describes the bacon sandwich as "one of the Western world's greatest triumphs".
- Bacon has been proven to boost the body's immune system

- thanks to its high zinc and selenium content.
- 210.4 tonnes of bacon with a value of £1.25bn are consumed every year.
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